Community Resources Guide

"Every parent is a partner; MPS wants to empower families to build a strong network within their community."

Multilingual Department
1250 West Broadway Ave
Minneapolis, MN 55411
Tel. 612.668.0174
http://multilingual.mpls.k12.mn.us/
To help us expand our list of community resources, please contact:

**Multilingual Department**

at:

[Multilingual.Department@mpls.k12.mn.us](mailto:Multilingual.Department@mpls.k12.mn.us)

This project development has been possible due to the initial contribution of:

Said Garaad and Nora Seiwert

Additional Resources have been added by:

Mayra Faviola Garcia-Rivera
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### Somali, African and African-American Community Organizations

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<th>Organization</th>
<th>Description</th>
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<tr>
<td>Somali American Parent Association (612) 359-4949</td>
<td>(SAPA) is a nonprofit organization with the vision to help Somali families in Minnesota to build the capacity to fully navigate and participate in the school system, to be knowledgeable about educational opportunities, and to be supportive of their children’s academic progress.</td>
</tr>
<tr>
<td>1929 South 5th Street Ste. 101 Minneapolis, MN 55454</td>
<td>Offers year round programs at two East African charter schools, serving grades 6-12 in academics, leadership, critical thinking skills, college/career prep, and recreation.</td>
</tr>
<tr>
<td><a href="http://www.mnsapa.org">http://www.mnsapa.org</a></td>
<td>Provides one on one and small group skills based tutoring at school, community, and home based locations. Students have individual learning plans, family support, and regular progress reporting provided. Support, training, and mediation services for families or community cohorts needing assistance communication with their school.</td>
</tr>
<tr>
<td>Act as a reference point for many newly arrived East African families by</td>
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<tr>
<td>directing them to appropriate resources- social services, community leaders,</td>
<td></td>
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<tr>
<td>or educational staff.</td>
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</table>

| Confederation of Somali Community in Minnesota (612) 605-3222              | Nonprofit organization that helps strengthens the capacity of Somalis in Minnesota to become contributing members of society, while preserving their culture. |
| 420 15th Avenue S. Minneapolis, MN 55454                                   | Serves Somali immigrants with resettlement services and integration by aiming, promoting and facilitating self-sufficiency and full participation in society. |
| [http://csc-mn.org/](http://csc-mn.org/)                                    | Enable individuals and families through special transitional services, leading to their successful integration into the socio-economic and civic life of America while continuing to maintain pride in their cultural heritage. |
|                                                                               | Helps connect individuals to resources on: education housing, jobs and training, health services, legal advice, domestic services and immigration. |
| **African Community Services**  
(612) 721-9984  
1305 E 24th Street  
Minneapolis, MN 55404  
[http://www.africancs.org](http://www.africancs.org) | African Community Services is a nonprofit organization that assists newcomers arriving from Africa to become productive and well-adjusted citizens.  
- It provides settlement and integration services and programs that facilitate the early settlement of newcomers and citizens alike to reach self-sufficiency through intensive and continuance job skills training and mentoring.  
- They have employment services, social services, household items referral, and assistance applying for public assistance services. |
|---|---|
| **Ethiopian Community of Minnesota**  
(651) 645-9668  
265 Oneida Street #209  
St Paul, MN 55102  
[http://www.ethiomn.org/home.aspx](http://www.ethiomn.org/home.aspx) | Ethiopian Community in Minnesota (ECM) strives to promote successful integration of Ethiopians to the wider American culture while preserving their cultural heritage.  
- Promotes understanding and harmony between and among Ethiopians and members of the wider Minnesota community by facilitating communication regarding their histories, background, languages and cultures of the respective communities.  
- Serves all Ethiopians regardless of age, race/ethnicity, gender, political view, language, gender orientation, education or income level. |
# Asian, Hmong and Lao Community Organizations

| **Hmong Cultural Center**  
| **(651) 917-9937**  
| **375 W University Ave # 204**  
| **St Paul, MN 55103**  
<table>
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<tr>
<th><strong><a href="http://www.hmongcc.org/">http://www.hmongcc.org/</a></strong></th>
</tr>
</thead>
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<tr>
<td>Hmong and Asian American organization in the Minneapolis-St. Paul area provides community outreach activities related to multicultural education for the purposes of promoting positive race relations in the Twin Cities community.</td>
</tr>
<tr>
<td>- Promotes personal development of children, youth and adults through education while providing resources that enhance cross-cultural awareness and understanding between Hmong and non-Hmong.</td>
</tr>
<tr>
<td>- Hosts the Hmong Resource Center Library.</td>
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<tr>
<td>- Provides youth and adult classes to learn English and cultural customs.</td>
</tr>
<tr>
<td>- Helps refugees and immigrants earn their U.S. citizenship.</td>
</tr>
<tr>
<td>- Provides free English classes for adults.</td>
</tr>
</tbody>
</table>

| **Hmong American Partnership**  
| **(651) 495-9160**  
| **1075 Arcade Street**  
| **Saint Paul, MN 55106**  
<table>
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<th><strong><a href="http://www.hmong.org">http://www.hmong.org</a></strong></th>
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<tbody>
<tr>
<td>Hmong American Partnership (HAP) is a nonprofit organization focused on moving the refugee and immigrant community towards social and financial prosperity.</td>
</tr>
</tbody>
</table>
| **HAP's current programmatic goals are to:**  
| - Support Hmong refugee and immigrant adults achieve self-sufficiency for themselves and their families by gaining English language skills, computer and life skills, effectively utilizing program support such as child care and transportation, and to maximize job placement and job retention assistance.  
| - Continue to adequately support Hmong refugees coming from Thailand to acculturate and maximize new opportunities.  
| - Help Hmong youths achieve social and academic success, increase their opportunities for learning, provide positive avenues for them to connect with the larger Hmong community, and to prevent their involvement with drugs, crime and violence.  
| - Empower Hmong families in crisis to move toward healing from serious family |
conflict with hope and life management tools.

 Assist Hmong Elders to remain living independently in their homes through access to appropriate services and opportunities that prevent them from becoming isolated.

 Expand services to include new immigrant and refugee populations, specifically the Karen and Somali.

### Education and Training Program

 Provides two core English language and job skills development classes designed to help refugee, immigrant, and other adults to reach their language learning and employment goals.

### Employment Services Program

 Increases the economic self-sufficiency of adult Hmong refugees and immigrants and others by providing them with the assistance and services necessary to find and maintain jobs. These services include: employment assessment; education and support to help remove challenges and barriers for self-sufficiency, and; job search and job placement assistance.

### Elderly Services

 Supports Hmong elders with connections to resources that help them continue to live independently in their own homes. In addition, the program provides a range of culturally specific activities that honor Hmong elders while providing them with strong social connections that reduce their isolation and increase their well-being. Elders also receive independent living skills services that include case management, assisting them to make and keep medical and other appointments; translation, housing and benefits assistance; and home visits.

### Youth and Family Services

 Offers comprehensive services designed to encourage youths to develop or maintain relationships with positive adults in their lives, increase their self-
| **Lao Family Community of MN**  
(651) 209-6807  
320 University Ave  
St. Paul, MN 55103  
[http://www.laofamily.org](http://www.laofamily.org) | - facilitates and promotes the success of Hmong Americans in Minnesota. Lao Family's bilingual and bicultural programs strive to empower the Hmong to meet the many challenges of modern American life within a context that honors and preserves their traditions, values, and heritage. |
| **Lao Assistance Center Of Minnesota**  
(612) 374-4967  
503 Irving Avenue North  
Minneapolis, MN  
[http://www.laocenter.org](http://www.laocenter.org) | - promotes leadership in the Hmong Community, educational advancement for Hmong youth and teens and encourage Hmong refugees to be self-sufficient and contributing members of their community.  
- Promotes and maintains Hmong cultural heritage.  
- Offers employment services, advocacy, youth employment and counseling services. |
| **Hmong American Mutual Assistance Association Inc.**  
(612) 374 - 2694  
4024 Washington Ave North  
Minneapolis, MN 55412  

Their mission is to enhance the quality of life of Minnesota Lao families. They support Lao families meeting basic needs, increased self-reliance and youth development, reduced social isolation and promoting cultural equity. Holds 5 interconnected programs annually to serve Lao families including at-risk low and moderate-income households:  
- Youth Advancement  
- Elder Empowerment  
- Adult Stability  
- Health Outreach: Prevention Education  
- Cultural Engagement
# Latino/Hispanic Community Organizations

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<tr>
<td><strong>Centro Tyrone Guzmán</strong></td>
<td>Centro is a partnership with Latino and Chicano families. Centro contribute to the well-being and full participation of Latin@s through education and family engagement and provides support with academics, wellness, mental health, youth and culture.</td>
</tr>
<tr>
<td>(612) 874-1412</td>
<td></td>
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<tr>
<td>1915 Chicago Ave. South</td>
<td></td>
</tr>
<tr>
<td>Minneapolis, MN 55404</td>
<td></td>
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<tr>
<td><a href="http://www.centromn.org">http://www.centromn.org</a></td>
<td></td>
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<tr>
<td><strong>CLUES</strong></td>
<td>Provides behavioral health and human services resources that include: mental health, chemical health, family services, economic advancement and employment search services, and community health.</td>
</tr>
<tr>
<td>(612) 746-3500</td>
<td></td>
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<tr>
<td>720 East Lake Street</td>
<td></td>
</tr>
<tr>
<td>Minneapolis, MN 55407</td>
<td></td>
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<tr>
<td><a href="http://www.clues.org/home.aspx">http://www.clues.org/home.aspx</a></td>
<td></td>
</tr>
<tr>
<td><strong>La Oportunidad</strong></td>
<td>Provides bilingual and culturally-relevant family-centered programs for Latino youth, adults, and families. Programs focus on the development of skills and support systems that result in strong, healthy, economically stable families.</td>
</tr>
<tr>
<td>(612) 872-6165</td>
<td><strong>LEAP Program – Latinos Ending Abuse</strong></td>
</tr>
<tr>
<td>(612) 872-6165 Extention 116</td>
<td></td>
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<tr>
<td><strong>Parenting Program</strong></td>
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<tr>
<td>(612) 872-6165 Extension 120</td>
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<tr>
<td>2700 E Lake St.</td>
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<tr>
<td>Minneapolis, MN 55406</td>
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<tr>
<td><strong>Casa de Esperanza</strong></td>
<td>Focuses on domestic violence prevention within the Latino community. They have a crisis line for battered women and offer shelter and legal advice, among many other services.</td>
</tr>
<tr>
<td>(651) 646-5553</td>
<td></td>
</tr>
<tr>
<td>(651) 772-1611 (Crisis Line)</td>
<td></td>
</tr>
<tr>
<td>1821 W University Ave.</td>
<td></td>
</tr>
<tr>
<td>St. Paul, MN 55104</td>
<td></td>
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<tr>
<td><a href="https://www.casadeesperanza.org/">https://www.casadeesperanza.org/</a></td>
<td></td>
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<tr>
<td><strong>Latino Economic Development Center</strong>&lt;br&gt;<strong>(612) 724-5332</strong>&lt;br&gt;1501 E Lake Street&lt;br&gt;Minneapolis, MN 55407&lt;br&gt;<a href="http://www.ledc-mn.org/">http://www.ledc-mn.org/</a></td>
<td>Develops Latino talent, leadership, civic engagement, and political influence. They reflect the strengths of Latino culture and language, and nurture free enterprise and the entrepreneurial spirit of the Latino community.</td>
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<tr>
<td><strong>Navigate</strong>&lt;br&gt;<strong>(612) 728-5728</strong>&lt;br&gt;4137 Bloomington Ave.&lt;br&gt;Minneapolis, MN 55407&lt;br&gt;<a href="http://www.navigatemn.org">http://www.navigatemn.org</a></td>
<td>NAVIGATE is a leadership development program for immigrant young adults in Minnesota facing financial, social and legal barriers to achieve their dreams through changing unjust systems. Through NAVIGATE; these young adults help their community and themselves by working to access college education, jobs and legal status.&lt;br&gt;&lt;br&gt;<strong>NAVIGATE provides:</strong>&lt;br&gt;- Presentations to organizations, high school students, their families, educators and staff about college access in Minnesota.&lt;br&gt;- Community service internships that develop leadership and professional skills.&lt;br&gt;- A board of directors and volunteers structure led by young adults and their mentors.</td>
</tr>
<tr>
<td><strong>Mexican Consulate</strong>&lt;br&gt;<strong>(651) 771-5494</strong>&lt;br&gt;797 East 7th Street&lt;br&gt;Saint Paul, MN 55106&lt;br&gt;<a href="http://consulmex.sre.gob.mx/saintpaul">http://consulmex.sre.gob.mx/saintpaul</a></td>
<td>The Consulate has the obligation to protect the rights of Mexican Nationals living in the district of its responsibility, regardless of legal status in the United States of America. Provides documents to Mexicans and nationals of different countries, according to Mexican Law, and promote ties with the Mexican community.</td>
</tr>
<tr>
<td><strong>Ecuadorian Consulate</strong>&lt;br&gt;<strong>(612) 721-6468</strong>&lt;br&gt;2310 Central Ave NE&lt;br&gt;Minneapolis, Minnesota 55418&lt;br&gt;<a href="http://minneapolis.consulado.gob.ec/">http://minneapolis.consulado.gob.ec/</a></td>
<td>The Consulate has the obligation to protect the rights of Ecuador Nationals living in the district of its responsibility, regardless of legal status in the United States of America. Provides documents to Ecuadorian and nationals of different countries, according to Ecuador Law, and promote ties with the Ecuadorian community.</td>
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<td>The Minnesota Council on Latino Affairs was created to:</td>
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<tr>
<td>(1) advise the governor and the legislature on the nature of the issues confronting Chicano/Latino people in this state, including the unique problems encountered by Chicano/Latino migrant agricultural workers;</td>
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<tr>
<td>(2) advise the governor and the legislature on statutes or rules necessary to ensure Chicano/Latino people access to benefits and services provided to people in this state;</td>
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<tr>
<td>(3) recommend to the governor and the legislature legislation to improve the economic and social condition of Chicano/Latino people in Minnesota</td>
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<td>(4) serve as a conduit to state government for organizations of Chicano/Latino people in the state;</td>
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<td>(5) serve as a referral agency to assist Chicano/Latino people to secure access to state agencies and programs;</td>
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<td>(6) serve as a liaison with the federal government, local government units, and private organizations on matters relating to the Chicano/Latino people of Minnesota;</td>
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<tr>
<td>(7) perform or contract for the performance of studies designed to suggest solutions to problems of Chicano/Latino people in the areas of education, employment, human rights, health, housing, social welfare, and other related programs;</td>
<td></td>
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<tr>
<td>(8) implement programs designed to solve problems of Chicano/Latino people when authorized by other statute, rule, or order; and</td>
<td></td>
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<tr>
<td>(9) Publicize the accomplishments of Chicano/Latino people and their contributions to this state.</td>
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MCLA has served to advise the governor and state Legislature on Latino issues.
Regarding the Latino community, to promote the voice of the community on the policy issues of:

- Health
- Education
- Economic development
- Housing
- Immigration
## Native American Community Organizations

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<th>Programs</th>
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<tr>
<td><strong>Ain Dah Yung (Our Home) Center</strong></td>
<td>Assists American Indian youth and families to thrive in safety, wholeness and provide a healing place within the community. They have a culturally specific emergency shelter for American Indian youth, ages 5 - 17 years of age. Residential services are provided to youth who are homeless, runaway, in a family crisis, or involved with social services or juvenile corrections. Services include emergency and short term shelter, crisis intervention, case and systems advocacy, counseling, and community education. Unaccompanied youth (up to 21) can receive the following street outreach services without staying at shelter: 1) access to medical or dental care, 2) information and referral to other resources 3) use of our drop-in times for food, clothes, laundry, and 4) case management. Other Ain Dah Yung programs include: Indian Child Welfare Advocacy and legal representation, transitional living for youth ages 16-21, chemical dependency prevention, and family support programming and suicide prevention services.</td>
<td>Shelter, Beverly A. Benjamin Youth Lodge, Family Support Program - Stand With The People (Oyate Nawajin), Indian Child Welfare Legal Advocacy Project, The Our Children Program (Ninijanisag)</td>
</tr>
</tbody>
</table>
| **American Indian Community**  
**Phone Number:** (612) 813-1610  
**Address:** 1508 East Franklin Avenue # 2  
**City:** Minneapolis, MN 55404  
**Website:** [http://www.aicdc-mn.org](http://www.aicdc-mn.org) | This agency is dedicated to develop and provide culturally creative programs, educational and support services designed to strengthen American Indian communities by offering opportunities leading to a better quality of life. The Housing Advocacy Program makes referrals to available affordable housing. Case management is available to help develop a plan for achieving and maintaining housing. No financial assistance is provided. |
|---|---|
| **American Indian Economic Development Fund**  
**Phone Number:** (651) 917-0819  
**Address:** 831 Como Ave  
**City:** St. Paul, MN 55103-1463 | Assists American Indians by being a catalyst for the development of entrepreneurial activities (excluding gaming), and act as a gap financer for projects that have positive economic potential. Certified as a Community Development Financial Institution (CDFI). |
| **American Indian Family Center**  
**Phone Number:** (651) 793-3803  
**Address:** 579 Wells Street  
**City:** St. Paul, MN 55130  
**Website:** [http://www.aifc.net](http://www.aifc.net) | The purpose of the American Indian Family Center is to support families to help ensure the development of healthy children. **Programs:**  
Father’s Circle  
Mother’s Circle  
Mental Health Services  
Our Children are Sacred Program  
Community Doula Program  
Twin Cities Healthy Start Program  
Medicine Wheel Collaborative  
Women’s Health Program  
Youth Programming  
First Nations Sports Initiative  
Enable Project  
Girls Best Initiative  
Multi-Generational Learning Project |

**Multilingual Department**  
**Community Resources Guide**
| **American Indian Family & Children Services**  
| (651) 223-8526  
| 25 Empire Drive  
| St. Paul, MN 55103  
| [http://www.aifacs.org](http://www.aifacs.org) |
| As an organization and a community supporter, they help to find temporary care homes for Indian children. |

| **American Indian Family Empowerment Program - Tiwahe Foundation**  
| (763) 277-3444  
| 1315 Red Fox Road, Suite 100  
| Arden Hills, MN 55112  
| [http://www.grottofoundation.org](http://www.grottofoundation.org) |
| AIFEP's mission is to support and encourage American Indian families and individuals in the Twin Cities area to be of service to their community, connected to their culture and to have their own potential realized. |

| **American Indian Policy Center**  
| (651) 644-1728  
| 1463 Hewitt Avenue  
| P.O. Box 80  
| St. Paul, MN 55104  
| [http://www.airpi.org](http://www.airpi.org) |
| American Indian Policy Center provides government leaders, policy makers and the public with accurate information about the political history of American Indian nations and the contemporary situation for American Indians. By providing knowledge and education, the Center hopes to foster better-informed and culturally sensitive responses to the challenges of American Indian life. |
| **American Indian Services**  
612) 813-1155  
2200 Park Avenue  
Minneapolis, MN 55404 | A.I.S. provides services primarily to chemically dependent American Indian adult men and women in transition from primary treatment. The goal is to assist all clients in maintaining their recovery by offering, through the American Indian Services program, proven concepts found in both American Indian cultural teaching values, the clinical aspects of chemical dependency treatment and aftercare that have assisted other American Indians in their recovery. |
|---|---|
| **Anoka Hennepin Indian Education**  
(763) 506-1159  
2727 N Ferry St  
Anoka, MN 55303  
http://www.anoka.k12.mn.us/education/dept/dept.php | It is the purpose of the Anoka-Hennepin Indian Education Parent Advisory Committee and Indian Education Program to encourage and inspire academic achievement, social and emotional development, and cultural awareness of American Indian Students. They serve as a resource to review and recommend accurate curriculum and to promote cultural diversity between community, staff and students. |
| **Circle of Indigenous Nations**  
University of Minnesota-Twin Cities  
(612) 624-2555  
128 Pleasant Street SE, Appleby Hall Suite 322  
Minneapolis, MN 55455 | The American Indian Learning Resource Center provides family centered services that ensure quality student experiences through utilization of Indigenous thoughts and values. The center promotes academic excellence through personal contact, advocacy, technology, and program development. The center fosters an Indigenous environment that allows students to feel a sense of community on campus. The center contributes to the strengthening and development of all students through culturally specific services. |
### City of Minneapolis - American Indian Community Advocate

**Phone:** (612) 673-3028  
**Address:** 350 South 5th Street, Room 239  
**City:** Minneapolis, MN 55415  
**Website:** [http://www.ci.minneapolis.mn.us](http://www.ci.minneapolis.mn.us)

Two-way advocacy between the local American Indian community and city leadership. They help American Indians navigate city departments/services, and provide information and referral.

### Division of Indian Work

**Phone:** (612) 721-8687  
**Address:** 1001 East Lake Street  
**City:** Minneapolis, MN 55407  
**Website:** [http://www.gmcc.org/diw](http://www.gmcc.org/diw)

The Division of Indian Work aids and empowers individuals and families through five social service programs that respond to the needs, experiences, and expectations of the American Indian community.  
**Programs:**
- Healing Spirit Program
- Horizons’s Unlimited Food Shelf
- Family Violence Program
- Teen Indian Parent’s Program
- Youth Leadership Development Program

### Indian Child Welfare - Hennepin County Human Services & Public Health Department

**Phone:** (612) 348-7600  
**Address:** 525 Portland Avenue South  
**City:** Minneapolis, MN 55415  
**Website:** [http://www.hennepin.us](http://www.hennepin.us)

The purpose of the Department of Children Family and Adult Services Indian Child Welfare Section is to ensure compliance with State and Federal statutes through respectful collaborations with communities and Tribal Nations; in order to protect and provide culturally responsive services to indigenous children and their families.
| **Indian Child Welfare Law Center**  
(612) 879-9165  
1113 East Franklin Avenue Suite 210  
Minneapolis, MN 55404 | The Indian Child Welfare Law Center is a nonprofit organization that works to preserve, strengthen, and reunite Indian families. They provide culturally sensitive legal services to Indian families, whose children are at risk of being removed from the family and placed in foster care or who have already been removed from the home. They work to prevent the removal of children from families at high risk of being placed in foster care. They work to reunite families whose Indian children are out of the home. They facilitate adoption by Indian families. They seek stable Indian homes for Indian children who need permanence. |
| --- | --- |
| **Indigenous Peoples Task Force**  
(612) 870-1723  
1335 E 23rd St  
Minneapolis, MN 55404  
[http://www.indigenouspeoplespf.org](http://www.indigenouspeoplespf.org) | The purpose of the Indigenous Peoples Task Force is to enhance the health and education of native peoples.  
**Services include:**  
Youth and Adult prevention services, housing to people living with HIV. Native Arts High School (grades 7-12) tobacco prevention, training and technical assistance.  
**Programs:**  
- Ganawenima (to take care of) Case Management Program  
- Native American Women’s Intervention and Prevention Services Network  
- Ogitchidag Peer Education  
- Two Spirit Risk Reduction Program  
- Return to First Medicines  
- IVDU Outreach  
- Women’s Peer Education  
- Maynidoowahdak Odena (Housing Program) |
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<tr>
<th>Organization</th>
<th>Programs</th>
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<tbody>
<tr>
<td>Inter-Tribal Elder Services, Inc.</td>
<td>- Case Management</td>
</tr>
<tr>
<td>(612) 724-6499</td>
<td>- One-to-one, support groups, follow-up.</td>
</tr>
<tr>
<td>3244 34th Avenue South</td>
<td>- Information &amp; Referral</td>
</tr>
<tr>
<td>Minneapolis, MN 55406</td>
<td>- Home visits to help assess needs, fuel assistance, food shelf assistance, housing assistance.</td>
</tr>
</tbody>
</table>

| Minnesota American Indian Chamber of Commerce   | The MAICC supports and promotes Native American professionalism and excellence in business. The Minnesota American Indian Chamber of Commerce provides services for Chamber members in education, networking, and technical assistance. Some of the services the MAICC provides are: a bi-monthly Hot Sheet that gives important events and announcements to members, a Bid Sheet for contractors that provides a summary of current projects and other bidding information, a Resource Directory that lists members businesses and their services, and MAICC Business Builders luncheons that present marketing and networking opportunities. |
| (612) 877-2117                                   |                                                                 |
| 2345 Rice St Suite 200                          |                                                                 |
| St. Paul, MN 55104                               |                                                                 |
| [http://www.maicc.org](http://www.maicc.org)    |                                                                 |

| Minnesota Indian Affairs Council                 | The Indian Affairs Council is the official liaison between state and tribal governments and advisor to the state on urban Indian issues and concerns. Created by the Legislature in 1963, the mission of the Indian Affairs Council as mandated in statute is broad in scope but focused in its total support of tribal government operations and the continued identification to issues and concerns that impact the American Indian population throughout the state. The Indian Affairs Council is governed by the elected tribal chair of the eleven reservations throughout the state, and two at large members representing Indians who live in Minnesota but are enrolled in other states. |
| (651) 296-0041                                   |                                                                 |
| 161 St. Anthony Avenue, Suite 924               |                                                                 |
| St. Paul, MN 55103                               |                                                                 |
| [http://www.mniac.org](http://www.mniac.org)    |                                                                 |
| Multilingual Department  
Community Resources Guide |
|-----------------------------|
| **Urban Indian Advisory Council**  
Minnesota Indian Women’s Resource Center  
(612) 728-2000  
2300 15th Avenue South  
Minneapolis, MN 55404  
http://www.miwr.org | Assists American Indian women so they can enjoy a better quality of life for themselves and their families. The Minnesota Indian Women’s Resource Center (MIWRC) is a non-profit social and educational services organization committed to the holistic growth and development of American Indian women and their families. Founded in 1984, MIWRC provides a broad range of programs designed to educate and empower American Indian women and their families, and to inform and assist those who work providing services to the community. |
| **Native American Community Development Institute**  
(612) 235-4976  
1414 East Franklin Avenue  
Minneapolis, MN 55404  
http://www.nacdi.org | Partners with American Indian communities to build and execute 21st century community development strategies. The Native American Community Development Institute (NACDI) is an American Indian intermediary organization - the first of its kind in the Twin Cities metropolitan area. The organization is configured as an alliance of the major Indian nonprofits and several Indian businesses in the metropolitan area, committed to community-building through sector economic development and large-scale development. |
| **Tribal Law and Policy Institute**  
(651) 644-1145  
61 Marie Avenue East  
West Saint Paul, MN 55118  
http://www.home.tlpi.org/ | TLPI is organized to design and deliver education, research, training and technical assistance programs; which promotes the improvement of justice in Indian Country and the health, well-being and culture of Native peoples. |
## Other Culturally Specific Community Organizations

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Contact Information</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Karen Organization of Minnesota</td>
<td>2353 Rice St. Suite 240 Roseville, MN 55113</td>
<td>(651) 788-7593</td>
<td>Programs include Social Services, Housing, Employment, Community Health and Academic Support. They serve Karen Refugees and some Somali and African refugees through their partnership with Lutheran Social Services. Programs include: Elder, Self-Sufficiency, Youth, and Health, EL classes and Karen and New Refugee support. <a href="http://www.mnkaren.org">http://www.mnkaren.org</a></td>
</tr>
<tr>
<td>Vietnamese Social Services of Minnesota</td>
<td>277 University Avenue West Saint Paul, Minnesota 55103</td>
<td>(651) 632-8927</td>
<td>Vietnamese Social Services of Minnesota maintains the identity of the Minnesota Vietnamese community while addressing the basic economic, educational, and health needs of refugees and immigrants statewide. <a href="http://www.vssmn.org/">http://www.vssmn.org/</a></td>
</tr>
<tr>
<td>Southeast Asian Services</td>
<td>451 Lexington Parkway North St. Paul, MN 55104</td>
<td>(651) 280-2310</td>
<td>SEA provides a variety of mental health treatment and support services for Hmong, Cambodian and Vietnamese adults, youth and families. The program has received national recognition for the way it combines western mental health practices with the traditional healing methods of the Southeast Asian cultures it serves. <a href="http://www.wilder.org/Pages/default.aspx">http://www.wilder.org/Pages/default.aspx</a></td>
</tr>
</tbody>
</table>

Amherst H. Wilder Foundation promotes the social welfare of persons resident or located in the greater Saint Paul metropolitan area by all appropriate means including:

- Relief of the poor
- Care of the sick and aged
<table>
<thead>
<tr>
<th>Strengths</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ Care and nurture of children</td>
</tr>
<tr>
<td>✓ Aid of the disadvantaged and otherwise needy</td>
</tr>
<tr>
<td>✓ Promotion of physical and mental health</td>
</tr>
<tr>
<td>✓ Support of rehabilitation and corrections</td>
</tr>
<tr>
<td>✓ Provision of needed housing and social services</td>
</tr>
<tr>
<td>✓ Operation of residences and facilities for the aged, and those requiring special care</td>
</tr>
</tbody>
</table>

**Oromo Community of Minnesota**

(651) 757-3040  
465 Mackubin Street  
Saint Paul, MN 55103  

Enhances the quality of life of the Oromo in Minnesota—the state’s second largest East African immigrant group. Key organizational goals include: expanding access to health, health education; employment counseling, youth enrichment, self-sufficiency, improving seniors’ social engagement, promoting academic excellence, and creating a vibrant and cohesive community where everyone is expected to succeed and live a healthy, engaged, and meaningful life. Core programs include:

**Youth Development** – A key focus of the OCM, this program seeks to engage 120 Oromo K-12th graders in academically orientated and culturally affirming programming during the school year and summer. The program includes 7 components and collaborates with numerous organizations.

**Refugee Resettlement** – This program provides case management services to Oromo refugees who have been in the US for less than 2 years. Supported by the Minnesota Department of Human Services (DHS), this program helps participants achieve at least two outcomes associated with housing, immigration/naturalization, access to community services and supports and more.

**Health and Wellness** – This program provides MN Sure health insurance enrollment and navigation services, health literacy education and outreach, and assistance in accessing health/wellness services.
| **International Institute of Minnesota**  
**Contact:** 651-647-0191 | **World Relief Minnesota**  
**Contact:** 612-798-4332 | **Tibetan American Foundation of Minnesota**  
**Contact:** 651-917-9556 |
|---|---|---|
| 1694 Como Avenue  
Saint Paul, MN 55108  
Richfield MN 55423  
St Paul, MN 55108  
[http://www.tafm.org](http://www.tafm.org) |

### Employment
An OCM Job Counselor provides employment readiness, search and placement services to unemployed Oromo community members.

### Seniors Program
This program provides a variety of services to socially isolated Oromo seniors including home visitation, volunteer support, errands, transportation and social activities.

### Arts
This program promotes the creative arts as a catalyst for health, civic activism, and academic excellence.

### International Institute of Minnesota
The International Institute of Minnesota welcomes New Americans to the Twins Cities and offers them a continuum of services to promote their full integration into our community. The Institute’s programing includes job training and language classes as well as refugee resettlement, immigration, citizenship, and anti-human trafficking services.

### World Relief Minnesota
Full refugee assistance organization offering cash assistance, resettlement, immigration legal help, and other social services.

### Tibetan American Foundation of Minnesota
TAFM is committed to preserving and promoting the rich Tibetan cultural and spiritual heritage under the leadership of His Holiness the Dalai Lama. Programs include: Tibetan language School, Traditional Music and Dance Lesson, Sports and Youth development, Spiritual Services, Social Services, Student Mentorship, Scholarship, Health Education and Free Tax Filing Assistance.
# Human Services Organizations

<table>
<thead>
<tr>
<th>Organization</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hennepin County Office of Multi-Cultural Services</td>
<td>The Hennepin County Office of Multi-Cultural Services (OMS) provides coordinated multicultural service delivery across county departments, in collaboration with community partners. OMS provides accessible, efficient and cost-effective services and resources to multicultural residents to ensure their health, safety, education and self-reliance. Gateway for refugees, immigrants and other new Americans to Hennepin County Services, including outreach, employment assistance, housing, public assistance, childcare and forms completion. Services provided in several languages (Spanish, Somali, Hmong, Laotian, Thai, Oromo, Amharic, French, Russian, Bosnian, Italian, Arabic and Swahili).</td>
</tr>
<tr>
<td>Gamblers Anonymous (GA)</td>
<td>Support group for people with gambling problems and their families. Visit their website for meeting locations and times.</td>
</tr>
<tr>
<td>Alcoholics Anonymous (AA)</td>
<td>Support group for people with alcohol problems and their families. Visit their website for meeting locations and times.</td>
</tr>
</tbody>
</table>

***Immigration Advocates and Policy Specialist on site****

***Assured Access Program***
The Assured Access program will be closing effectively March 31, 2016. For alternative sliding fee medical, dental and behavioral health programs contact Angela Alberio at the number below.

Angela Alberio  
(612) 348-6622
| **Quit Smoking Community**  
https://quitsmokingcommunity.org/ | Quit Smoking Community is a virtual community that offers support and information for those trying to quit smoking. The vision for Quit Smoking Community is to provide a space where visitors can access information regarding quitting smoking, as well as download resources and tools to help them begin and complete their quit journey. Also works to keep young adults and teens away from smoking cigarettes and raises awareness of the dangers of smoking. |
| --- | --- |
| **Partnership for Drug-Free Kids**  
http://www.drugfree.org/ | Provides support and guidance to families struggling with their children substance use. Raises awareness so that young adults stay away from addictive habits. |
| **Workforce Centers in Minneapolis**  
**Minneapolis North WorkForce Center**  
(612) 520-3500  
1200 Plymouth Avenue North  
Minneapolis, MN 55411  
[http://mn.gov/deed/job-seekers/workforce-centers/](http://mn.gov/deed/job-seekers/workforce-centers/) | The Minnesota Department of Employment and Economic Development (DEED) is the state’s principal economic development agency. DEED programs promote business recruitment, expansion, and retention; international trade; workforce development; and community development.  
- One to one support for job seekers, including resume writing, workshops, services for veterans looking for a job and rehabilitation services. **Computer lab and free fax services available.** |
| **Minneapolis South WorkForce Center**  
(612) 821-4000  
777 East Lake Street  
Minneapolis, MN 55407 |  |
| **MN Attorney General**  
(651) 296-3353  
1400 Bremer Tower  
445 Minnesota Street  
St. Paul, MN 55101  
[http://www.ag.state.mn.us/](http://www.ag.state.mn.us/) | The Attorney General’s Office welcomes complaints from citizens on a large variety of matters consumer, housing, health care, debt, among many others. Landlords and Tenants Rights Guide is available on their website. |
| **Home Line**  
* (612) 728-5767  
3455 Bloomington Ave S  
Minneapolis, MN 55407  
https://homelinemn.org/ | Provides free legal advice to renters in Minnesota. Tenants can call the free statewide hotline or email an attorney for legal advice about their specific rental situation. The hotline service is confidential. |
|---|---|
| **Pillsbury United Communities**  
* (612) 302-3400  
125 West Broadway Ave Suite 130  
Minneapolis, MN 55411  
http://www.puc-mn.org/ | Pillsbury United Communities is an interconnected network of diverse neighborhood centers, innovative programs, and social enterprises that work with isolated and underestimated populations to increase choice, inspire change, and strengthen connections across Minneapolis. Pillsbury United Communities offers strategic opportunities for people to participate, connect and organize; building bridges between communities and decision-makers, to break through barriers to self-sufficiency. Pillsbury United Communities programs and activities are offered in five impact areas: education, youth and family, wellness and nutrition, employment and training, and asset creation. In addition, they offer emergency services, providing safety net supports for people in times of crisis.  
- Assistance with health insurance, tax, housing advocacy, clothes closet, crisis nursery, volunteer opportunities and youth programs, cultural enrichment program, adult computer classes, support workshops. |
| **NorthPoint Inc.**  
* (612) 767-9500  
1315 Penn Ave N  
Minneapolis, MN 55411  
http://www.northpointhealth.org/ | North Point Inc. is a community-based human and services agency located in and serving North Minneapolis with the mission: “To reduce health disparities, improve health outcomes, and enhance the overall quality of life for all residents of North Minneapolis by providing high quality social services, with respect, dignity and sensitivity to a culturally rich and ethnically diverse community.”  
- Food Shelf  
- Legal Clinic  
- Computer Lab  
- Yoga and Zumba Classes |
| **Behavioral Health Culturally Specific Support Groups** | ✓ |
| **Breath Free North Program** | ✓ |
| **Gateway Program** | ✓ |
| **Free produce in Summer** | ✓ |
| **Diabetes Prevention Program** | ✓ |
| **MN Sure Navigator** | ✓ |
| **Chemical Dependency Program** | ✓ |

**Lyndale Neighborhood Association**  
**Phone:** (612) 824-9402  
**Address:** 3537 Nicollet Ave  
**City:** Minneapolis, MN 55408  
**Website:** [http://www.lyndale.org/](http://www.lyndale.org/)

The Lyndale Neighborhood Association (LNA) is a diverse community-driven organization that brings people together to work on common issues and opportunities to ensure all community members have the opportunity to live, work, and play in a safe, vibrant, and sustainable community. Free English classes offered.

**Minnesota Crime Victims Reparation Board**  
**Phone:** (651) 215-1328  
**Address:** 445 Minnesota Street  
**City:** Saint Paul MN 55101  
**Website:** [https://dps.mn.gov/divisions/ojp/help-for-crime-victims/Pages/crime-victims-reparations.aspx](https://dps.mn.gov/divisions/ojp/help-for-crime-victims/Pages/crime-victims-reparations.aspx)

The Crime Victims Reparations Board provides financial help to victims and their families for losses incurred as a result of the crime.

**Eligibility Requirements:**

- Crime involving an injury or death (Property crimes are not covered)
  - Homicide
  - Assault
  - Child abuse
  - Sexual assault
  - Robbery
  - Kidnapping
  - Domestic abuse
  - Stalking
Criminal vehicular operation and drunk driving

- Crime must have occurred in Minnesota, or in a foreign country without a compensation program (If occurred in another state see the state links for other state programs)
- Crime must be reported to police within 30 days
- Claim must be filed within 3 years
- Victim must cooperate fully with police and prosecutor
- Victim must not have committed a crime or contributed through misconduct

Coverage:

- Funeral and burial expenses
- Medical and dental bills
- Mental health counseling expenses
- Child care and household services
- Loss of wages
- Crime Scene cleanup
- Financial support for dependents of a homicide victim

The program pays only those expenses which are not covered by another source such as health insurance, medical assistance, charity care, auto insurance, workman's compensation, vacation/sick leave, short and long term disability, etc.

Pain and suffering, and damaged or stolen money or property is not covered.
<table>
<thead>
<tr>
<th>Good in the Hood</th>
<th>Good in the 'Hood is dedicated to <strong>changing lives together with simple acts of kindness</strong>. Their <strong>youth mentoring, internships and adult advocacy programs</strong> continue to grow and offer effective support for those desiring to move forward in life.</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>(612) 440-7463</em></td>
<td><strong>Programs:</strong></td>
</tr>
<tr>
<td>1630 E 90th Street</td>
<td>- Shoe Away Hunger</td>
</tr>
<tr>
<td>Bloomington, MN 55425</td>
<td>- Feeding the Future</td>
</tr>
<tr>
<td></td>
<td>- Youth Programs</td>
</tr>
<tr>
<td></td>
<td>- Health and Wellness Programs</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CANDO - Central Area Neighborhood Development Organization</th>
<th>Central is a fusion of diverse residents who are passionate and committed to the positive growth of this beloved and historic neighborhood.</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>(612) 824-1333</em></td>
<td><strong>Programs:</strong></td>
</tr>
<tr>
<td>3736 Chicago Ave S</td>
<td>- Shoe Away Hunger</td>
</tr>
<tr>
<td>Minneapolis, MN 55407</td>
<td>- Feeding the Future</td>
</tr>
<tr>
<td></td>
<td>- Youth Programs</td>
</tr>
<tr>
<td></td>
<td>- Health and Wellness Programs</td>
</tr>
</tbody>
</table>
Public Assistance
Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of assistance, and each program has its own requirements and limits on income/assets.

Types of Assistance:
- Minnesota Family Investment Program (MFIP)
- Diversionary Work Program (DWP)
- Emergency Assistance (EA)
- Energy Assistance
- Food Support
- General Assistance (GA)
- Medical Assistance (MA)
- Minnesota Supplemental Aid (MSA)
- Supplemental Security Income (SSI)

What you need: An original picture ID, or a birth certificate, and your Social Security number.

For General Assistance the person must have a Social Security Card and one of the following: driver’s license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from city jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator’s occupational license with photo, employee ID with photo, date of birth and signature, certified or original birth certificate, birth record certification card.

MN Family Investment Program (MFIP)
MFIP provides monthly assistance for men and women with children, pregnant women, and two-parent families who have little or no income. Applicants must meet eligibility requirements. (Parent(s) cannot have cash assets worth more than $2000. While on assistance families may accrue up to $5000.) When applying, ask about other assistance you may qualify for such as Emergency Assistance (to prevent eviction, mortgage foreclosure and help pay utility bills), Energy Assistance (to help pay heat and electric bills), Food Support, & Medical Assistance.

Where to Apply:
Hennepin County Human Services Dept.
Family Assistance Division
330 South 12th Street (Century Plaza)
Phone: 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center
Phone: 612-596-1300

Call to have the application packet mailed directly. Cash assistance application must be in person.

Additional Support through MFIP
North Point Health & Wellness Center
Gateway Program
1315 Penn Avenue North
Phone: 612-767-9500

Hours: Monday through Friday 8 am–5 pm.
Provides: Gateway’s goal is to increase family strength. This is done by connecting families to services and working closely to achieve family goals.

Multilingual Department
Community Resources Guide
notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

**Note:** When applying always ask about other forms of assistance for which you are eligible. County workers will work with you to find all the programs that you qualify for.

**Your Rights:**
- to apply or reapply at any time.
- to know the eligibility requirements
- to know how the grant was determined
- to choose where and with whom the person live(with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against

**Your Responsibilities:**
- to provide truthful information
- to inform the proper agency of changes such as address, income, persons living with in the household, and other factors which can affect assistance. This must be done within 10 days of the change.

**Eligibility Supports Help Line:** 612-596-1300
Available Monday through Friday. Call to find out about food stamps, checks and check replacement, financial worker’s name & number, questions about Electronic Benefits system (EBS).

**Appeals:**
Clients have the right to appeal any decision made which affects benefits which you feel you are entitled to. A

**Emergency Assistance (EA)**

**Where to Apply:**
Hennepin County Human Services Dept.
Family Assistance Division
330 South 12th Street (Century Plaza)
**Phone:** 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center
**Phone:** 612-596-1300

Brian Coyle Community Center
420 15th Avenue South
**Phone:** 612-338-5282

Call to have the application packet mailed directly.

**Emergency Assistance is limited to one use during a 12-month period.**
A decision must be appeal within 30 days. If case of a termination notice, however, the person needs to appeal within 10 days. If the client is seeking grant to continue, a written will request needs to be made within 10 days or it will NOT continue. Any benefits received during an appeal will be considered an overpayment if you lose the appeal. Client can seek the advice of a lawyer.

### Energy Assistance

**Where to Apply:**

**Phone:**
- 612-335-5837 (residents of Minneapolis)
- 952-930-3541 (suburban Hennepin County)

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1, and going through May 31, or as long as the program funding lasts. Need documentation of public assistance benefits received in the past year to apply.

### Food Support

Monthly grants of food support can be used at grocery stores. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most who receive assistance like MFIP, GA, or SSI are also eligible for food support. Working persons with low incomes may also qualify. Since eligibility is based on family or household income, you must provide truthful information about the income of all persons in the family/household.

**Where to Apply:**

Hennepin County Human Services Dept.
Family Assistance Division
330 South 12th Street (Century Plaza)
**Phone:** 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center
**Phone:** 612-596-1300

You may also call to have the application packet mailed directly to you.
MNsure
MNsure is the new health insurance exchange where individuals and families select a health care plan, including low cost or free coverage. Insurance rules have changed even for Medical Assistance and Minnesota Care. If you have not been able to get coverage in the past you may be qualify under the new rules. MNsure offers:

- A website (mnsure.org) where you can apply for coverage and select a health plan.
- Someone you can talk to about your options over the phone, 1-855-3MNSURE (1-855-366-7873)
- There are places in all neighborhoods where clients can sign up

Minnesota Supplemental Aid (MSA)
Where to Apply:
Hennepin County Human Services Dept.
Family Assistance Division
330 South 12th Street (Century Plaza)
**Phone:** 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center
**Phone:** 612-596-1300
*Call to have the application packet mailed directly.*
Social Security

Where to Apply:
Social Security Administration
1811 Chicago Avenue South
Phone: 1-800-772-1213
Hours: Monday through Friday from 9 am–4:30 pm.

Supplemental Security Income (SSI)
SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn $980.00 per month. If someone is working, there are ways that could lower the monthly gross wages below $980.00. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant’s income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, workers compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. A single person is limited to $2,000.00 and a married couple has a $3,000.00 resource limit. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.
## Home Based Support Community Organizations

<table>
<thead>
<tr>
<th>Community Organization</th>
<th>Description</th>
</tr>
</thead>
</table>
| **Community Action Partnership of Suburban Hennepin**  
(952) 933-9639  
8800 Highway 7, Ste. 401  
St. Louis Park, Minnesota 55426  
[http://www.capsh.org/](http://www.capsh.org/) | Energy Assistance programs include support to pay gas and electric bills during winter months. Weatherization program includes window, furnace, water heater, and refrigerator replacement, among others.  
**CALL AND ASK FOR THE ENERGY ASSISTANCE PROGRAM. APPLICATIONS ARE AVAILABLE AT MOST SITES MID-SEPTEMBER.**  
A link to the web site for applications in English and Spanish is: [www.energy.mn.gov](http://www.energy.mn.gov).  
**THIS PROGRAM IS AVAILABLE TO RENTERS OR HOMEOWNERS.** |
| **Neighborhood Development Alliance**  
(651) 292-0131  
481 Wabasha St S  
St Paul, MN 55107  
[http://nedahome.org/](http://nedahome.org/) | NeDA provides bilingual counseling and classes for individuals and families hoping to buy their first home in MN. Offer financial coaching to help people take control over their finances, build credit and save for the future.  
- Pre-purchase Counseling  
- Classes for first home buyers  
- Credit and bankruptcy counseling  
- Foreclosure counseling  
- Financial Literacy workshops |
<table>
<thead>
<tr>
<th><strong>Community Emergency Assistance Programs</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Transportation Solutions</strong></td>
</tr>
<tr>
<td>(763) 566-9600</td>
</tr>
<tr>
<td>7051 Brooklyn Boulevard</td>
</tr>
<tr>
<td>Brooklyn Center, MN 55429</td>
</tr>
<tr>
<td>The CEAP Transportation Solutions (CTS) car loan program provides interest-free car purchase loans to low income families. The goal of the program is to provide safe, reliable transportation for those who qualify. This allows our clients to further themselves in other ways; to get to school or work on time, to meet necessary appointments, and to avoid predatory lenders.</td>
</tr>
</tbody>
</table>

| **The Central Neighborhood** |
| (612) 722-7141 |
| 3749 Cedar Ave South |
| Minneapolis, MN 55407 |
| [http://www.gmhchousing.org](http://www.gmhchousing.org) |
| Assists families with Home Buyers Forgivable Loans, Home Improvement Low Interest Loans and Emergency Grants for Home Repairs. |

| **Angel Foundation** |
| (612) 627-9000 |
| 708 S 3rd Street Suite 106 W |
| Minneapolis, MN 55415 |
| The Angel Foundation can only support cancer patients. Can provide financial assistance for basic non-medical bills such as rent, housing payments, utilities, food and other basic needs. |

| **Volunteers Enlisted to Assist People** |
| (952) 888-9616 |
| 9600 Aldrich Ave S |
| Bloomington, MN 55420 |
| [http://www.veapvolunteers.org/](http://www.veapvolunteers.org/) |
| Volunteers Enlisted to Assist People, can provide a number of services, which include, but are not limited to, limited help for housing and rent assistance, gasoline cards, utility bill assistance, bus tokens, car repair, and daycare assistance. |
| **Minnesota AIDS Project**  
| **(612) 341-2060**  
| 1400 Park Avenue  
| Minneapolis, MN 55404  
| [http://www.mnaisdsproject.org/](http://www.mnaisdsproject.org/)| Financial assistance is only offered for HIV and AIDS patients. Help is available once per year, and they provide access to financial assistance for paying utilities, rent, heating bills, child care, mortgage, and groceries. |
| **Cradle of Hope**  
| **(651) 636-0637**  
| 1935 County Road B2 W  
| Roseville, MN 55113  
| [http://www.cradleofhope.org/](http://www.cradleofhope.org/)| Cradle of Hope is a nonprofit organization which provides financial aid to pregnant women and to women with infants less than three months of age. Cradle of Hope offers one-time assistance to mothers who are ineligible for aid from other resources and need immediate help with maternity-related expenses. Assistance is granted regardless of marital status, race, religion, age, or source of income. |
| **AEON**  
| **(612) 341-3148**  
| 901 N 3rd St Suite 150  
| Minneapolis, MN 55401  
| [http://www.aeonmn.org/](http://www.aeonmn.org/)| Aeon is a responsive nonprofit developer, owner and manager of high-quality affordable apartments and townhomes which serve more than 4,200 people annually in the Twin Cities area.  

- Provides affordable apartment homes for mixed-income and low-income individuals and families. |
| **Mary’s Wish – Furniture Depot**  
| **(952) 442-2268**  
| 12 E 8th St  
| Waconia, MN 55387  

*Anyone in critical need is welcome to apply for no cost furniture and household items.*  

*This is what you need to qualify:*  

1. **Minnesota photo ID**  

2. **Proof of income:** One of the following, Medical Assistance card, Referral letter from a recognized agency, or EBT card. |
## Home Shelters

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address/Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary’s Place</td>
<td>(651) 596-3415, 401 N 7th Street, Minneapolis, MN 55405, <a href="http://sharingandcaringhands.org/">http://sharingandcaringhands.org/</a></td>
<td>Offers transitional apartments for homeless families with children. Provides additional support and guidance to obtain additional community services.</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>Various phone numbers and locations, <a href="http://salvationarmyusa.org">http://salvationarmyusa.org</a></td>
<td>Family service program that help families and needy individuals with emergency food, housing, utility assistance and other temporal needs.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Adult Program Services</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Adult Rehabilitation Centers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Correctional Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Disaster Services</td>
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<tr>
<td></td>
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<td>✓ Domestic Violence Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Emergency Assistance</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Family Counseling Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Family Stores</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Health Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Housing/Residence Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Older Adult Services</td>
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<tr>
<td></td>
<td></td>
<td>✓ Worship Center</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✓ Youth Services</td>
</tr>
<tr>
<td>Sharing/Caring Hands</td>
<td>(612) 338-4640, 525 N 7th Street, Minneapolis, MN 55405, <a href="http://sharingandcaringhands.org/">http://sharingandcaringhands.org/</a></td>
<td>Provides a host of services that includes food, clothing, shelter, transportation assistance, medical - dental help among many other services.</td>
</tr>
</tbody>
</table>
| **Simpson Housing**  
(612) 874-8683 Shelter (612) 874-0306  
Administrative Office:  
2100 Pillsbury Ave S  
Minneapolis, MN 55404  

Overnight Emergency Shelter  
2740 1st Ave S  
Minneapolis, MN 55408  

http://www.simpsonhousing.org/ |
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Provides support and advocacy to homeless people with full continuum supportive services.</td>
</tr>
</tbody>
</table>

| **St. Anne’s Place**  
(612) 588-0861  
1803 Bryant Ave N  
Minneapolis, MN 55411  

http://www.ascensionplace.org/stannesplace.html |
|---|
| St. Anne’s Place provides emergency shelter and support services.  
Families must receive a voucher through the Hennepin County Economic Assistance Program. For more information about eligibility, please call us at 612-521-2128.  

**For women:** |
|---|
| - Intensive Case Management  
- Referrals for Chemical/Mental Health Services  
- Childcare Assistance  
- Parenting Support Group  
- Life Skills Group  
- Links to Supportive Housing Options  
- Aftercare Program |
<table>
<thead>
<tr>
<th>Young Family Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>For children:</td>
</tr>
<tr>
<td>- Tutoring &amp; Homework Assistance</td>
</tr>
<tr>
<td>- Family Reading Program</td>
</tr>
<tr>
<td>- Fitness Activities</td>
</tr>
<tr>
<td>- Music Appreciation Activities</td>
</tr>
<tr>
<td>- Recreational &amp; Educational Outings</td>
</tr>
<tr>
<td>- Birthday Parties &amp; Holiday Celebrations</td>
</tr>
<tr>
<td>- Summer Programs</td>
</tr>
</tbody>
</table>

### St. Stephen’s Human Services

**Phone:** (612) 874-0311  
**Address:** 2309 Nicollet Avenue South, Minneapolis, MN 55404  

Provides emergency assistance, housing, employment, and human rights advocacy focused on systems change to people experiencing homelessness and poverty.

### United Way 211

**Phone:** (612) 340-7400  
**Address:** 404 S 8th Street, Minneapolis, MN 55404-1084  
[https://www.gtcuw.org/](https://www.gtcuw.org/)

Supports hundreds of programs that align with three focus areas: Basic Needs, Education and Health.
| **Harriet Tubman Center**  
| **(612) 825-3333**  
| **(612) 825-0000** (24 Hour Crisis Line)  
| 3111 First Ave. S  
| Minneapolis, MN 55408  
| [http://tubman.org/home/](http://tubman.org/home/)  
| Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma.  
| Provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.  

| **Sojourner**  
| **(952) 933-7422** (24 Hour Crisis Line)  
| PO Box 272  
| Hopkins, MN 55343  
| Provides emergency shelter for women and children; legal advocacy and support to empower all those victimized by domestic violence; and information and education to raise awareness and promote violence prevention.  

| **Hope Community**  
| **(612) 874-8867**  
| 611 E Franklin Ave.  
| Minneapolis, MN 55404  
| Provides services in neighborhood revitalization of old houses and abandoned buildings, and 3-6 month program for women with children age 0-5, among other services.  

| **Project for Pride in Living Inc.**  
| **(612) 455-5100**  
| 1035 East Franklin Ave.  
| Minneapolis, MN 55404  
| [http://www.ppl-inc.org](http://www.ppl-inc.org)  
| PPL works with lower-income individuals and families to achieve greater self-sufficiency through housing, employment training, support services, and education.  

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**Multilingual Department**  
**Community Resources Guide**
| **Lutheran Social Services of Minnesota**  
(651) 642-5990  
2485 Como Ave.  
St. Paul, MN 55108  
http://www.lssmn.org/ | Services are designed to help ensure that children and families have safe, stable homes and the opportunity to thrive in their community. |
|---|---|
| **The Bridge**  
(612) 377-8800  
1111 W 22nd St  
Minneapolis, MN 55405  
http://bridgeforyouth.org/ | Provides walk-in counseling and crisis shelter at no charge, 24/7/365. |
| **Casa Guadalupana**  
(651) 222-7668 | Helps Latin@s families going through crisis, unemployment, INS issues, homelessness, including providing temporary shelter for those in need. |
| **People Serving People**  
(612) 277-0201  
614 S 3rd Street  
Minneapolis, MN 55415  
http://peopleservingpeople.org/ | People Serving People achieves its mission and goals by providing emergency housing and community services, which assist families experiencing homelessness to become self-sufficient and reconnected with the community.  
- Helps families find ways to overcome these barriers to self-sufficiency through advocacy, employment, education, and parenting programs.  
Families must receive a voucher through the Hennepin County Economic Assistance Program 612.348.941 |
| **Families Moving Forward**  
(612) 529-2185  
1808 Emerson Avenue North  
Minneapolis, MN 55411  
|---|---|
| **Camden Neighborhood Center**  
(612) 529-8054  
(612) 302-3500 Crisis Nursery Line  
1201 37th Avenue North  
Minneapolis, MN 55411  
# Health Related Community Organizations

<table>
<thead>
<tr>
<th>Community</th>
<th>Services Provided</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| **Community-University Health Care Center**  
(612) 638-0700  
2001 Bloomington Avenue  
Minneapolis, MN 55404  
http://www.cuhcc.umn.edu/ | Adult and child and adolescent mental health services are available in English, Cambodian, Hmong, Laotian, Somali, Spanish and Vietnamese. | |
| **Southside Community Health Services**  
(612) 827-7181  
Various locations and phones  
http://www.southsidechs.org/ | Southside Community Health Services exists to serve the community by offering patient focused, friendly, high quality and comprehensive medical care. They provide high quality affordable medical, dental and vision services (sliding fee), and accessible and comprehensive Health Care in the community. Spanish speaking staff and interpreters available upon request. | |
| **NorthPoint Health and Wellness Center**  
(612) 543-2500  
1313 Penn Ave N  
Minneapolis, MN 55411  
http://www.northpointhealth.org/ | NorthPoint is a community-based human and health services agency located in and serving the area of North Minneapolis with the mission: “to reduce health disparities, improve health outcomes, and enhance the overall quality of life for all residents of North Minneapolis and Minnesota residents by providing high quality social services, with respect, dignity and sensitivity to a culturally rich and ethnically diverse community.” Medical, dental and behavioral services available. (Sliding fee ASSURED ACCESS to Hennepin County residents and Clinic Sliding Fee for non-residents of Hennepin County).  
*Hmong and Spanish Interpreters on-site.* | |
| **COACH:** | Free dental care for pregnant women and children age 0-5. |
|**MAN CLINIC:** | Medical check and STD testing. Every Thursday from 3:00 PM to 5:00 PM. |
|**TO THE POINT:** | Sexual health services including counseling for STDs, birth control methods and pregnancy. |

| **Rx Outreach**  
(1) 800-769-3880  
Mailing Address:  
P.O. Box 66536  
Saint Louis, MO 63166-6536  
http://rxoutreach.org/ | Rx Outreach is a nonprofit fully-licensed mail order pharmacy that is committed to making the use of prescription drugs safer and more affordable. They are not a prescription insurance program or an Internet pharmacy. The program offers prescription medicines at low cost to uninsured and underinsured individuals and families, as well as those who have limited prescription drug coverage. They offer more than 500 medications through our mail order pharmacy delivered to all 50 states, Puerto Rico and the Virgin Islands. |

| **Children’s Dental Services**  
(612) 746-1530  
Various locations and phones  
http://www.childrensdentalservices.org/ | Children’s Dental Services can help your child keep the smile that good health and good feelings bring. Healthy teeth and gums are essential for children well-being. CDS offers an affordable way to get the dental health care. Sliding fee program available. |

| **Smiles Changes Lives**  
(1) 888-900-3554  
2405 Grand Blvd. Suite 300  
Kansas City, MO 64108  
http://www.smileschangelives.org/ | Smiles Change Lives promotes increased self-esteem and improved oral health for children from low-income families in need of orthodontic treatment. The goal is to help families, who cannot afford the full cost of braces (one-time fee of $600) secure treatment for their children by connecting them with orthodontic providers willing to donate their services to deserving patients. Serves kids 10-18 nationwide! |
| **SAGE**  
| **(651) 201-5000**  
| **P.O. Box 64975**  
| **St. Paul, MN 55164-0975**  
| **http://www.health.state.mn.us/divs/hpcd/ccs/screening/sage/** |
| For eligible women, Sage provides free office visits for breast and cervical exams, as well as a screening mammogram and Pap tests. If screening tests shows a problem, Sage covers many diagnostic services and can often connect to treatment coverage, if needed. |
| **PORTICO HEALTHNET**  
| **(651) 603-5100**  
| **2610 University Ave W**  
| **St Paul, MN 55114**  
| **http://www.porticohealthnet.org/** |
| Portico Healthnet is a nonprofit health and human services organization that helps uninsured Minnesotans access affordable health coverage and care. |
| **After Hours Crisis Services**  
| **Child Crisis Services**  
| **(612) 348-2233** |
| **Community Outreach for Psychiatric Emergencies (Adults only)**  
| **(612) 596-1223** |
| **Acute Psychiatric Services – APS at HCMC**  
| **(612) 873-3161** |
| **Suicide Prevention Hotline**  
| **(612) 873-2222** |
| **Social Services Front Door Access**  
| **(612) 348-4111** |
| **Child Protection Services**  
| **(612) 348-3552** |
| HIV and STD Testing (free and confidential) | Red Door Clinical Services  
(612) 543-5555  
525 Portland Avenue South  
4th Floor  
Minneapolis, Minnesota 55415  

**North Memorial/Broadway Family Medicine**  
(612) 302-8222  
1020 West Broadway Avenue  
Minneapolis, Minnesota 55411 |
|---|---|
| **Health Care Clinics for the Homeless**  
Various locations and phones | They provide free health care services that improve the lives of the homeless and medically indigent people in Minnesota.  

**St. Stephen's Shelter**  
(612) 879-0943  
2211 Clinton Avenue  
Minneapolis, MN 55404  

**Simpson Shelter**  
(612) 879-0938  
2740 1st Ave. South  
Minneapolis, MN 55408  

**Sharing & Caring Hands**  
(612) 338-9030  
525 N. 7th Street  
Minneapolis, MN 55405  

**Secure Waiting**  
(612) 338-2442  
1000 Currie Avenue |
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Address</th>
<th>City, State ZIP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salvation Army Harbor Lights</td>
<td>(612) 596-9643</td>
<td>1010 Currie Avenue</td>
<td>Minneapolis, MN 55403</td>
</tr>
<tr>
<td>People Serving People</td>
<td>(612) 332-4500</td>
<td>614 S. 3rd Street</td>
<td>Minneapolis, MN 55415</td>
</tr>
<tr>
<td>Mary's Place</td>
<td>(612) 288-9758</td>
<td>401 N. 7th Street</td>
<td>Minneapolis, MN 55405</td>
</tr>
<tr>
<td>Hennepin Co Healthcare For The Homeless</td>
<td>(612) 348-5553</td>
<td>525 Portland Avenue</td>
<td>Minneapolis, MN 55415</td>
</tr>
<tr>
<td>Youthlink</td>
<td>(612) 348-0378</td>
<td>41 N. 12th Street</td>
<td>Minneapolis, MN 55403</td>
</tr>
</tbody>
</table>
Early Childhood Services and Academic Resources
Minneapolis Public Schools

<table>
<thead>
<tr>
<th>Program:</th>
<th>Description:</th>
</tr>
</thead>
</table>
| **Early Childhood Screening** 612.668.3711 | - Call to set an appointment.  
- All children should be screened at age 3.  
- If you are concerned about your child’s growth or development you may call screening before age 3.  

**Reasons to Screen**  
- Screening can help your child be ready for school.  
- Any health or developmental concerns may be found earlier and that allows us to give help earlier.  
- Because screening is free, it’s easy and good for your child!  

This screening can be done in English, Somali, Hmong or Spanish. Even if your child speaks a lot of English, it is best to have them screened in your home language. Children are more comfortable and perform better in their home language. For other languages, we try to arrange an interpreter. The screening team works closely with the parents to discuss the screening results and create a plan for the child to be ready for school. **This screening is different from the English Language Learner screening.** |

| **Early Childhood Family Education**  
English: 612.668.2127  
Spanish: 612-290-2547  
Somali: 612-210-3387  
- Classes are Monday through Saturday, mornings, afternoons and evenings.  
- Transportation is available on a limited basis.  
- Many different kinds of classes.  

**Special classes include:** There are special classes for parents who  

<table>
<thead>
<tr>
<th>Have a new baby, Fun Family Events</th>
<th>Have a toddler, Prefer Home visits</th>
<th>Have a preschool age child</th>
<th>Have several children, Young parents</th>
<th>Prefer a focus on fathering</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have twins or triplets</td>
<td>Speak Spanish or Oromo or Somali</td>
<td>Have a child with special needs</td>
<td>Prefer an African-American focus</td>
<td>Want English instruction, Or Gym Nights</td>
</tr>
</tbody>
</table>

Multilingual Department  
Community Resources Guide
### New Families Center
**English** 612.668.3700  
**Spanish:** 612.668.3702  
**Somali:** 612.668.3704  
**Hmong:** 612.668.1836

#### Informed School Request
- Families who speak a home language other than English should contact the New Families Center to get information about how to find the school that is the best fit for your child.

#### English Learner Screening – Required in Kindergarten
- Is offered at the New Families Center or at schools after classes have begun.
- You will be given information you can use to make a good choice about which school suits your child's and family's needs best.
- This screening is different from the Early Childhood Screening.
- Screening will be done in the child's home language.
- Screener is trained to work with child in both home language and English to distinguish if any additional support is needed.

### High Five Preschool
**English:** 612.668.1840  
**Spanish:** 612.668.3700  
**Somali:** 612.668.3700  
**Hmong:** 612.668.1835

- Child must be four years old by September 1.
- Classes are in many elementary schools that fill quickly and there may be waiting lists.
- The usual time to apply is in the winter around or before your child’s 4th birthday. But you may call to apply anytime.
- Monday-Friday - 3 hour sessions morning or afternoon.
- Bus service is available in the school’s transportation zone and school meals are available.
- Excellent attendance is required.

### Three School Preschool
**612.668.2127**

- Child must be 3 years old on September 1.
- Child must live in the Northside Achievement Zone.
- Bus service is available in the school’s transportation zone and school meals are available.
- Excellent attendance is required.
<table>
<thead>
<tr>
<th>Multilingual Department</th>
<th>Community Resources Guide</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Childhood Intervention and Special Education (EI/ECSE)</strong></td>
<td>612-668-3715</td>
</tr>
<tr>
<td>Call if you have a concern about your child.</td>
<td>Birth to kindergarten.</td>
</tr>
<tr>
<td>Services for children at risk and with delays.</td>
<td></td>
</tr>
<tr>
<td><strong>Minneapolis Kids/Fours Explore</strong></td>
<td>612.668.3890</td>
</tr>
<tr>
<td>Child care, year-round, fee-based, located in some schools.</td>
<td>For children four years old and older.</td>
</tr>
<tr>
<td><strong>Teen Pregnancy and Parenting Program</strong></td>
<td>612.668.4700</td>
</tr>
<tr>
<td>Parents must have a student in a participating school.</td>
<td>Classes run 7 weeks.</td>
</tr>
<tr>
<td>Helps parents become equal partners in their child’s education.</td>
<td>Contact your child’s school.</td>
</tr>
<tr>
<td><strong>CPEO – Connecting Parents to Educational Opportunities</strong></td>
<td>612.668.2095</td>
</tr>
</tbody>
</table>
## Community Early Childhood or Academic/Literacy Resources

<table>
<thead>
<tr>
<th>Program or Agency</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Parent Aware</strong>&lt;br&gt;1-888-291-9811&lt;br&gt;&lt;a href=&quot;mailto:info@mnchildcare.org&quot;&gt;<a href="mailto:info@mnchildcare.org">info@mnchildcare.org</a>&lt;/a&gt;</td>
<td>- Parent Aware provides many different resources to help parents know what to ask and what to look for when choosing a child care.</td>
</tr>
<tr>
<td>Resource</td>
<td>Contact Information</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>---------------------------------</td>
</tr>
<tr>
<td>Hmong</td>
<td>612.543.8845</td>
</tr>
<tr>
<td>Somali</td>
<td>612.543.8756</td>
</tr>
<tr>
<td>HCLib.org/New Immigrants</td>
<td></td>
</tr>
<tr>
<td>Minnesota Department of Education</td>
<td>651.582.8200</td>
</tr>
<tr>
<td>Education.state.mn.us</td>
<td></td>
</tr>
<tr>
<td>Way to Grow</td>
<td>612.874.4740</td>
</tr>
<tr>
<td>WAYTOGROW.com</td>
<td></td>
</tr>
<tr>
<td>HIPPY - Home Instruction for Parents of Preschool Youngsters</td>
<td>612-871 – 0662</td>
</tr>
</tbody>
</table>
Academic and After School Activities Resources

<table>
<thead>
<tr>
<th>Urban Ventures</th>
<th>Aims to end generational poverty through services for adults and children such as youth sports, educational development, and parenting classes.</th>
</tr>
</thead>
<tbody>
<tr>
<td>(612) 638-1000</td>
<td></td>
</tr>
<tr>
<td>2924 4th Ave. South</td>
<td></td>
</tr>
<tr>
<td>Minneapolis, MN 55408</td>
<td></td>
</tr>
</tbody>
</table>

**The Learning Lab** invests in leadership development, academic support, and a variety of enrichment opportunities such as music, STEM and entrepreneurship for students in grades 1-8. Participants of this program will find themselves part of a community and positioned to lead and impact their communities. Activities are Monday – Thursday from 2:30pm-6:00pm. Registration is required.

**TO ENROLL:** Call Learning Lab's Main Line at 612-545-9820.

**The Music Academy and Recording Studio** offers free small group music classes and individual private lessons for youth in grades 3-12. Participants have access to a full array of instruments and artistic outlets, including piano, guitar, drums, recording production, and hip hop. Studio time is free for students.

**TO ENROLL:** Contact John, 612.545.9853 or [JohnRoehmild@urbanventures.org](mailto:JohnRoehmild@urbanventures.org)

**Urban Stars Athletics** is a competitive, year-round soccer and basketball program for youth ages 5-18. The mission of Urban Stars is to build relationships through sports and change lives through relationships. Volunteer coaches mentor athletes and provide a safe place for them to play, learn, and grow.
TO ENROLL: Contact Roger or email RogerRoss@urbanventures.org. or visit http://www.urbanstars.org/

**Urban Ventures' Young Life** is a mentoring program in which youth in grades 9-12 take part in engaging large group program nights, are mentored in small groups, and attend life-changing camps. They are also given access to academic support, college visits, ACT prep courses, and FAFSA workshops. Participants receive social/emotional support and the academic resources to graduate and be either college bound or employable after high school.

**TO ENROLL:** Contact LaToya, 612.545.9832 or latoyatarisjames@urbanventures.org

**Act Six** is initiative of Urban Ventures. Act Six is Minneapolis-St. Paul’s only full-tuition, full-need urban leadership award. Each year, Act Six will select between 30-40 of the Twin Cities’ most promising urban leaders for scholarships to four partner colleges: Augsburg College, Bethel University, North Central University and University of Northwestern.

**FOR MORE INFORMATION:** Contact Marisol Rosado-Carrisalez; 612-545-9851 or MarisolRosado@urbanventures.org or Visit Website: http://www.actsix.org/mw/twincities/
<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Information</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>REC Plus</td>
<td>Various locations and phones <a href="http://www.minneapolisparks.org/">http://www.minneapolisparks.org/</a></td>
<td>Rec Plus provides school-age childcare for children ages 5-12 (must be in grades K-6) at neighborhood recreation centers. Rec Plus operates before and after school, on school recreation center. Activities on release days and during the summer include: games and sports, arts and crafts, homework help, field trips and nutritious snacks. Transportation can be arrange from/to REC Plus locations from/to schools in MPS. Affordable prices and county assistance accepted.</td>
</tr>
<tr>
<td>ACES</td>
<td>(612) 331-3454 1115 E. Hennepin Ave. Minneapolis, MN 55414 <a href="http://www.aces4kids.org/">http://www.aces4kids.org/</a></td>
<td>ACES helps urban fourth-through eighth-grade students in both Minneapolis Public Schools and St. Paul Public Schools overcome the academic achievement and opportunity gaps.</td>
</tr>
<tr>
<td>YMCA</td>
<td>Various locations and phones <a href="https://www.ymcatwincities.org/">https://www.ymcatwincities.org/</a></td>
<td>The YMCA’s mission is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all. They offer after school and summer programs for children and youth, swimming lessons and camps. <strong>Scholarships available.</strong> Visit your local YMCA for more information.</td>
</tr>
<tr>
<td>Urban Soccer Stars Minneapolis</td>
<td>(612) 545-9816 Work (651) 247-4735 Cell Phone Trina Kramer Club Administrator and Coaching Director <a href="http://www.mnyouthsoccer.org/">http://www.mnyouthsoccer.org/</a></td>
<td>Urban Soccer Stars offers a year-round soccer experience for boys and girls ages 5 to 19 at several different levels of ability and affordable prices (around $50 per season that includes uniform and soccer ball, 2 practices per week and weekly Saturday games).</td>
</tr>
</tbody>
</table>
Children’s Museum Year Pass for Low Income Families
(651) 225-6000
10 West Seventh Street
St. Paul, MN 55102
http://www.mcm.org/museum-membership/membership-types/needs-based-membership/

**Needs-Based Memberships:**
Qualifying families must provide a photocopy of their most recent federal or Minnesota tax return or assistance grant for the last three months as proof of income.

**All Play Membership Benefits include:**
- Unlimited free admission for 12 months for two adults listed on the membership card and all children under age 18 residing in the household permanently
- Subscription to Discover-e’s bi-monthly email newsletter and invitations to special events
- Invitations to exhibit opening parties and special events
- Discounts on programs, seasonal events and Museum birthday parties

**Use the chart below to see if you are eligible for a free All Play membership:**

<table>
<thead>
<tr>
<th>How many people live in your household? (Count both adults and children)</th>
<th>If your income is less than this, you get a FREE membership</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 people</td>
<td>$20,163 per year</td>
</tr>
<tr>
<td></td>
<td>$1,680 per month</td>
</tr>
<tr>
<td>3 people</td>
<td>$25,389 per year</td>
</tr>
<tr>
<td></td>
<td>$2,116 per month</td>
</tr>
<tr>
<td>4 people</td>
<td>$30,615 per year</td>
</tr>
<tr>
<td></td>
<td>$2,551 per month</td>
</tr>
<tr>
<td>5 people</td>
<td>$35,841 per year</td>
</tr>
<tr>
<td></td>
<td>$2,987 per month</td>
</tr>
<tr>
<td>6 people</td>
<td>$42,367 per year</td>
</tr>
<tr>
<td></td>
<td>$3,531 per month</td>
</tr>
<tr>
<td>7 people</td>
<td>$46,293 per year</td>
</tr>
<tr>
<td></td>
<td>$3,858 per month</td>
</tr>
<tr>
<td>8 people</td>
<td>$51,519 per year</td>
</tr>
<tr>
<td></td>
<td>$4,293 per month</td>
</tr>
</tbody>
</table>
Minnesota Literacy Council
(651) 645-2277
700 Raymond Avenue, Suite 180
St. Paul, MN 55114
https://mnliteracy.org/home

The purpose of this organization is to share the power of learning through education, community building and advocacy. Their literacy-rich preschools and summer reading programs start Minnesota’s youngest readers off on the right foot. Offers free English, GED preparation and job-readiness classes prepare adults for post-secondary education and careers. Support in program best practices, educational technology, volunteer training and national service hosting strengthens hundreds of literacy programs across Minnesota.
# Adult and Parent Education Services

**MPS Adult Education Services**  
(612) 668-1863 North campus  
1250 W Broadway Ave  
Minneapolis, MN 55411

(612) 668-3800 South campus  
2225 East Lake St  
Minneapolis, MN 55407

http://abe.mpls.k12.mn.us/

Minneapolis Public Schools-Adult Education offers free ELL, GED, College Prep and skills development courses.

- Reading, Writing, Listening, Speaking, and Math  
- Basic computer courses  
- Job trainings in health care, customer service, and manufacturing  
- Medical terminology basic courses  
- CPR First Aid certification

Day and evening classes available.

**Family Resources Center**  
Andersen United  
(612) 668-4291  
1100 Andersen Ln  
Minneapolis, MN 55407

http://sss.mpls.k12.mn.us/family_resource_center.html

**Services for Students and Families**  
Connects families to academic, housing, and health care resources. Assists in filling out paperwork. Provides a computer lab and mentoring. After school, Saturday and Summer activities
| **St. David Center**  
**(952) 939-0396**  
3395 Plymouth Road  
Minnetonka, MN 55305  
Provide services in:
- Early Childhood Education - **preschool** and **extended day care** for children ages 16 months - 5 years
- Pediatric Therapies - rehabilitative therapies including **speech**, **occupational**, **music**, **feeding** and **autism** day treatment
- Mental Health Services - individual and family **therapy**, support groups, skills training and case management for children and families
- Life-Phase Services - in-home and community-based support for children and adults with **disabilities**
- Early Intervention & Support - education, support and resources for families facing many obstacles in successfully raising their children |
| --- | --- |
| **Minnesota Parent Center (PACER)**  
**(952) 838-9000**  
8161 Normandale Blvd  
Bloomington, MN 55437  
[http://www.pacer.org/mpc/](http://www.pacer.org/mpc/) | **The Minnesota Parent Center is a statewide project designed to help families and schools build stronger ties to benefit students.**
- Helps parents be strong partners in their children's education and encourage community involvement to help all children succeed at school.
- Answers questions and help families solve school-related problems. |
| **Free-Low Cost Computer and Internet Access** | **Places for Free Computer Access:**
Hennepin County Libraries  
Call 612-543-KNOW (5669)
NorthPoint Inc.  
1315 Penn Ave N  
Minneapolis, MN 55411 |
**Free Wireless Hotspots:**
City of Minneapolis
(612) 673-3000
http://www.minneapolismn.gov/wireless/wirelessminneapolis_map

Minneapolis Civic Garden
http://www.wirelessminneapolis.org/

Community Technology Centers
http://tlc-mn.org/ctc

Starbucks Coffee
http://www.starbucks.com/store-locator

Dunn Brothers
http://www.dunnbroslocations.com/

Caribou Coffee
http://www.cariboucoffee.com/page/1/our-locations.jsp

Community Technology Centers
http://tlc-mn.org/ctc

**Internet Service Providers:**
Comcast
1-855-846-8376 (reduced accounts for families Free/Reduced Lunch Status)
<table>
<thead>
<tr>
<th>Company</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qwest/Century Link</td>
<td>1-866-541-3330 (reduced accounts for families Free/Reduced Lunch Status)</td>
</tr>
<tr>
<td>EarthLink</td>
<td>1-866-383-3038</td>
</tr>
<tr>
<td>USI Wireless</td>
<td>952-253-3262</td>
</tr>
<tr>
<td>US Family</td>
<td>1-800-300-4256</td>
</tr>
</tbody>
</table>
Urban Ventures Parenting Programs

Siempre Padres uses an integrated and holistic curriculum taught entirely in Spanish focused on personal character development, the couple’s relationship and parenting dynamics. The goal of Siempre Padres is to equip families through education, training, support and guidance. This will allow participants to achieve positive, lasting and successful changes within their families. Students participate in a graduation ceremony upon completion of the 20-week program. The weekly classes that Siempre Padres provides include the following:

- Wednesdays 6:00 - 7:30 pm at the Colin Powell Center
- Children (6 months-12 years) attend age-appropriate groups while their parents attend their group.
- A hot meal is served for children each week and a light snack is available for adults.
- Siempre Padres has two sessions in a year (January-June and July-December) and families can enroll at any time during either session.
- Families can register in person by coming to the program on a Wednesday night or they can call 612-545-9861 for more information.

Siempre Padres also provides one-on-one support to active participants. In collaboration with each family, they create and implement a personalized action plan, tailored to their needs. Plans may address areas such as finances, housing, emotional stability, education, and relationships.

The Center forFathering offers various comprehensive groups that meet weekly for 8 weeks. The focus of this program is to assist individuals with skills to strengthen and stabilize their families.

Groups offered:
- Parenting: Tuesdays from 5 pm – 7 pm
- Healthy Relationships: Tuesdays from 5 pm – 7 pm
- Anger Management: Thursdays from 2:30 pm - 4:00 pm
- Trauma (must have health insurance): Thursdays from 5 pm – 7 pm

All programs are free with the exception of Trauma. Daycare and dinner are provided at no charge to parents during Tuesday and Thursday evening groups. For more information, and to register, please contact: Center for Fathering’s Main Line at 612-455-4643.

Multilingual Department
Community Resources Guide
Ready? Set! Work... works with you to:

- Complete a comprehensive assessment that will tell us about your unique situation, background and needs
- Create a resume and individual service plan focused on refining your job skills and professional aptitudes
- Pursue job openings with our exclusive network of employers

Employment readiness workshops are also available:
- Time Management *Monday 9:00 am - 10:30 am
- Interviewing Skills *Tuesday 9:00 am - 10:30 am
- Starting a New Job *Wednesday 9:00 am - 10:30 am
- Financial Empowerment *Wednesday 10:30 am - 11:30 am
- Technology Workshop *Thursday 9:00 am - 10:30 am
- Resume Building *Thursday 11:00 am - 12:30 pm

All employment services are provided at no charge. For more information about dates and times, and to register, please contact: Henry Patton at 612-455-4640
## Clothing Closets

A number of organizations, charities, churches, and other groups are committed to offering basic needs to the public and needy. This can include winter coats, shoes, work items, furniture, school supplies, and other free clothing items.

Many centers rely on donations and contributions from the community, so their resources are limited. Most sites are also only open a couple days per week, so it may be best to call for hours and resource availability. If a non-profit can’t help you, they may be able to refer individuals and families to other local Minneapolis food pantries, clothing closets, or social service agencies.

In addition to receiving items such as clothing, household goods, school supplies, or more, some non-profits or churches may have vouchers or small amounts of cash for paying for bills, Christmas assistance, or housing. While any type of financial aid will

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Information</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sharing &amp; Caring Hands</strong></td>
<td>(612) 338-4640</td>
<td>525 N 7th Street, Minneapolis, MN 55405</td>
<td>This non-profit offers free clothing for all ages, including children.</td>
</tr>
<tr>
<td><strong>St. Stephen’s Guild Hall</strong></td>
<td>(612) 874-0311</td>
<td>2211 Clinton Ave S, Minneapolis, MN 55404</td>
<td>Small household items and free clothing are distributed.</td>
</tr>
<tr>
<td><strong>Steeple People Surplus</strong></td>
<td>(612) 871-8305</td>
<td>2004 Lyndale Ave S, Minneapolis, MN 55403</td>
<td>Runs a thrift store and sells to the public clothing, furniture, and other items. Also accepts vouchers from other charities.</td>
</tr>
<tr>
<td><strong>The Unlimited/Kidz Klozet Elim Baptist Church</strong></td>
<td>(612) 789-3591</td>
<td>685 13th Ave NE, Minneapolis, MN 55413</td>
<td>Distributes free children and women’s clothing. May have Christmas gifts, toys and meals. Other aid is seasonal such as school supplies and backpacks.</td>
</tr>
<tr>
<td><strong>Urban Ventures – People’s Exchange</strong></td>
<td>(612) 638-1000</td>
<td>3041 4th Ave S, Minneapolis, MN 55408</td>
<td></td>
</tr>
</tbody>
</table>
be very limited, providing holiday assistance in Minnesota is also a focus of many organizations.

<table>
<thead>
<tr>
<th>Call for referrals, free clothing, household products, and more.</th>
</tr>
</thead>
</table>
| **Vine And Branches Clothing Center, Hope Presbyterian Church**  
(612) 866-4055  
7132 Portland Ave S  
Minneapolis, MN 55423  
Can have holiday and Christmas assistance such as coats, toys, and small household items. Also offers free clothing for people with referrals as well as free, limited use laundry facility by appointment only. |
| **Division of Indian Works Greater MPLS Council of Churches**  
(612) 722-8722  
1001 E Lake Street  
Minneapolis, MN 55423  
Local churches have free clothing, coats, shoes, and more. |
| **From Me To You**  
(612) 825-6469  
3953 4th Ave S  
Minneapolis, MN 55409  
A free clothing closet for children and adults. Specialists offer coaching on resumes and job interviewing skills. |
| **Marie Sandvik Center**  
(612) 870-9617  
1112 E Franklin Ave  
Minneapolis, MN 55404  
Meals, clothing, and more. |
| **Martha’s Closet**  
(651) 224-4728  
Central Presbyterian Church |
500 Cedar Street  
St Paul, Minnesota 55101  
The center offers free work clothing for women including coats, clothing, shoes and personal items. Need referral.

**Northside Life Care Center**  
(612) 522-6589  
4367 Thomas Ave N  
Minneapolis, MN 55412  
Distributes free diapers and formula, baby clothes, maternity clothing, and more to newborns, pregnant moms, or new mothers.

**Oak Park Neighborhood Center**  
(612) 377-7000  
1701 Oak Park Ave N  
Minneapolis, MN 55411  
Provides needed clothing for adults and children.

**Episcopal Community Services**  
(612) 872-1509  
425 Oak Grove Street  
Minneapolis, MN 55403  
Free clothing and personal accessories for men and women returning to work or going on an interview. Career counseling and other employment programs may be offered. Referral needed.

**Sabathani Community Center**  
(612) 827-5981  
310 E 38th Street  
Minneapolis, MN 55409
Basilica of St Mary’s  
(612) 333-1381  
88 N 17th Street  
Minneapolis, MN 55403  
Vouchers for house wares, clothing, shoes, coats, pants, and more. May have gently used furniture too.

Calvary Kids Stuff  
(612) 872-7855  
2608 Blaisdell Ave S  
Minneapolis, MN 55408  
A low cost second-hand store for children’s books, clothing, and toys.

CEAP  
(763) 566-9600  
6840 78th Ave N  
Brooklyn Park, MN 55445  
Covers Brooklyn Park, Brooklyn Center, and Champlin residents as well as nearby towns. Free clothing closet.

Central Lutheran Church  
(612) 870-4416  
333 12th St S  
Minneapolis, MN 55404  
Hot meals, coats and small household items are provided to the needy.

Centro  
(612) 874-1412  
1915 Chicago Ave  
Minneapolis, MN 55404  
Distributes clothing for pregnant mothers and children. Services and advice also
offered in Spanish.

**Dignity Center, Hennepin Avenue United Methodist Church**  
(612) 871-5303  
511 Groveland Ave  
Minneapolis, MN 55403  
Provides free clothing vouchers for use at the nearby Steeple People Surplus Store.

**Love Power Church**  
(612) 672-0087  
1407 Washington Avenue South  
Minneapolis, Minnesota 55454

**Cornerstone Ministries at Park Avenue United Methodist Church**  
(612) 825-6864 Ext 561  
3400 Park Ave  
Minneapolis, MN 55407

**Birthright**  
(612) 338-2353  
825 Nicollet Mall #702  
Minneapolis, MN 55402  
Newborns, infants and moms may get free maternity and newborn baby clothes.
## Food Related Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FARE FOR ALL</strong>&lt;br&gt;(763) 450-3880&lt;br&gt;<a href="http://fareforall.org/">http://fareforall.org/</a></td>
<td>Fare For All has thirty locations in the greater Twin Cities metro area where food packages are sold once a month. Fare For All buys fresh produce and frozen meat in bulk from wholesalers and manufactures to find the best deals available. Volunteers at the warehouse pre-pack the produce and meat into food packages that range in price from $10 – $25. These packages are for sale at all Fare For All locations. To visit a Fare For All location, there is no need to register in advance or fill out any paperwork. Fare For All accepts cash, credit, debit, and EBT cards.</td>
</tr>
<tr>
<td><strong>WIC</strong>&lt;br&gt;(651) 201-4404&lt;br&gt;Various locations&lt;br&gt;<a href="http://www.health.state.mn.us/wic/">http://www.health.state.mn.us/wic/</a></td>
<td>WIC is a nutrition and breastfeeding program that helps young families eat well and be healthy. WIC can help woman learn about nutritious foods for a healthy pregnancy and birth. They provide support with information while breastfeeding and help new moms meet their breastfeeding goals. Families are provided nutritious foods including formula to their young children so they are healthy, happy, and ready to learn.</td>
</tr>
</tbody>
</table>
These places can provide free or low cost emergency food and groceries to area residents in need. Many of the centers also offer other forms of assistance to the low income, elderly, disabled, and disadvantaged in the local community.

Most of the pantries do have conditions that need to be met and limited restrictions. For example, some locations state that usage is limited to once a month. Many food banks in Minneapolis state that help is offered on a first come first serve basis and that no appointment is necessary.

In addition to providing free food, groceries, and meals, many locations in Hennepin County can also offer clothing and other services, such as assistance in applying for government food assistance programs such as SNAP food stamps or meals for your school aged children.

<table>
<thead>
<tr>
<th>Food Shelf’s</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Church of The Incarnation Food Shelf</strong></td>
</tr>
<tr>
<td>(612) 822-2101</td>
</tr>
<tr>
<td>3817 Pleasant Ave S.</td>
</tr>
<tr>
<td>Minneapolis, Minnesota 55409</td>
</tr>
<tr>
<td><strong>Home Bridge Food Shelf</strong></td>
</tr>
<tr>
<td>(763) 533-5887</td>
</tr>
<tr>
<td>4217 Boone Ave North</td>
</tr>
<tr>
<td>Brooklyn Park, MN, 55428</td>
</tr>
<tr>
<td>Meals, groceries, breads, and vegetables can all be offered to people who need help.</td>
</tr>
<tr>
<td><strong>Joyce Uptown Food Shelf</strong></td>
</tr>
<tr>
<td>(612) 825-4431</td>
</tr>
<tr>
<td>3041 Fremont Ave S</td>
</tr>
<tr>
<td>Minneapolis, Minnesota 55408</td>
</tr>
<tr>
<td><strong>Westonka Food Shelf - St. Vincent De Paul Society</strong></td>
</tr>
<tr>
<td>(952) 472-5599</td>
</tr>
<tr>
<td>2443 Commerce Boulevard</td>
</tr>
<tr>
<td>Mound, MN, 55364</td>
</tr>
<tr>
<td>A partnership of local churches. The Hennepin County Minnesota St. Vincent is a great place to call for other assistance and help with bills too. Learn about federal government assistance and other resources for the low income, in addition to free food.</td>
</tr>
<tr>
<td><strong>The Aliveness Project</strong></td>
</tr>
<tr>
<td>(612) 822-7946</td>
</tr>
<tr>
<td>730 E 38th St</td>
</tr>
<tr>
<td>Minneapolis, MN 55407</td>
</tr>
</tbody>
</table>
**Bethesda Baptist Church**
(612) 332-5904
1118 S 8th Street
Minneapolis, MN 55404

**Calvary Lutheran Church**
(612) 827-2504
3901 Chicago Ave
Minneapolis, MN 55407

**Catholic Charities Housing & Emergency Services**
(612) 204-8585
1308 Franklin Ave E
Minneapolis, MN 55404

(612) 204-8562
1000 Currie Ave
Minneapolis, MN 55403
This charity organization has two food pantry locations in Minneapolis as well as thrift stores and clothing shops. Find other ways that Catholic Charities can help you.

**Centre for Asians and Pacific Islanders**
(612) 721-0122
3702 E Lake St. Suite 200
Minneapolis, MN 55406

**Community Emergency Assistance Program**
(763) 566-9600
7051 Brooklyn Boulevard
Brooklyn Center, MN 55429
Provides food and clothing assistance, Meals on Wheels, and resource referrals to
families in need in Brooklyn Center, Brooklyn Park, and Champlin (east of Hwy 169).

**Community Emergency Service**  
(612) 870-1125  
1900 11th Ave S  
Minneapolis, MN, 55404

**East Side Neighborhood Service Inc**  
(612) 331-8678  
92 St Mary's Ave SE  
Minneapolis, MN 55414

(612) 788-9521  
1700 2nd St NE  
Minneapolis, MN 55413

**Emergency Food Shelf Network Inc**  
(763) 450-3860  
8501 54th Ave N  
Minneapolis, MN 55428  
A partnership of charities, churches, food banks, and social service agencies.

**Interfaith Outreach & Community Partners**  
(952) 473-2436 Ext 118  
1605 County Road 101 N  
Plymouth, Minnesota 55447

**Messiah Lutheran Church - Minneapolis**  
(612) 871-8831  
2400 Park Ave S  
Minneapolis, MN, 55404
| **Minnesota Teamsters Service Bureau**          | (612) 378-0446 |
|                                              | 3001 University Ave SE |
|                                              | Minneapolis, MN 55414 |
| **Plymouth Congregational Church**           | (612) 871-0277 |
|                                              | 1900 Nicollet Ave S |
|                                              | Minneapolis, MN 55403 |
| **PRISM**                                     | (763) 529-1350 |
|                                              | 730 Florida Ave S |
|                                              | Golden Valley, MN, 55426 |
| **Sabathani Community Center**               | (612) 821-2303 |
|                                              | 310 E 38th Street |
|                                              | Minneapolis, MN, 55409 |
| **Sharing and Caring Hands**                 | (612) 338-4640 |
|                                              | 525 N 7th Street |
|                                              | Minneapolis, MN 55405 |
| **Simpson Food Pantry**                      | (612) 874-7741 |
|                                              | 2740 1st Ave South |
|                                              | Minneapolis, MN, 55408 |
Immigration Advocates and INS Related Services

Access Justice

Areas of Legal Assistance:
- Adjustment of Status
- Asylum applications
- Consular Processing
- Deferred Action for Childhood Arrivals (DACA)
- Employment authorization
- Family-based petitions
- NACARA
- Naturalization/Citizenship
- Removal hearings
- Special Immigrant Juvenile Status
- T visas
- Temporary Protected Status (TPS)
- U visas
- Violence Against Women Act (VAWA) petitions

Types of Legal Assistance:
- Help completing forms
- Filings with USCIS
- Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews)
- Representation before the Immigration Court
- Representation before the Board of Immigration Appeals (BIA)

Location:
310 4th Ave S
Flour Exchange Building Suite 1006
Minneapolis, MN 55415

Contact:
(612) 879-8092
admin@AccessJustice.org


**Arrive Ministries**

Areas of Legal Assistance: Adjustment of Status, Consular Processing, Deferred Action for Parental Accountability (DAPA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS)

Types of Legal Assistance: Help completing forms, Filings with USCIS

Location: 1515 E 66th St
Richfield, MN 55423

Contact: (612) 243-2961
http://www.arriveministries.org
immigration@arriveministries.org

**Battered Women’s Legal Advocacy Project**

Areas of Legal Assistance: Adjustment of Status, Employment authorization, Employment-based immigrant and non-immigrant petitions, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance: Help completing forms, Filings with USCIS, Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA)

Location: 1611 Park Ave S Suite 2
Minneapolis, MN 55404

Contact: (612) 343-9842
Catholic Charities of St. Paul & Minneapolis - Migration and Refugee Services

Areas of Legal Assistance: Adjustment of Status, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS)

Types of Legal Assistance: Help completing forms, Filings with USCIS

Location: 1276 University Ave West
Saint Paul, MN 55104

Contact: (651) 647-3100
http://www.cctwincities.org/page.aspx?pid=452  info@cctwincities.org

Catholic Charities of the Diocese of Winona

Areas of Legal Assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance: Help completing forms, Filings with USCIS

Location: 430 10th St NE Suite 3
Austin, MN 55912

Contact: (507) 433-9120
http://www.ccwinona.org/programs/immigration-legal-services/ jmick@ccwinona.org

Civil Society

Areas of Legal Assistance:
- Adjustment of Status, Asylum applications, Consular Processing, Employment authorization,
- Employment-based immigrant and non-immigrant petitions, Family-based petitions,
- Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance:
- Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court,
- Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Location:
332 Minnesota St Suite E-1436
St. Paul, MN 55101

Contact:
(651) 291-0713
http://civilsocietyhelps.org
office@civilsocietyhelps.org
### Community Action Partnership of Suburban Hennepin

**Areas of Legal Assistance:** Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Naturalization/Citizenship

**Types of Legal Assistance:** Help completing forms, Filings with USCIS

**Location:** 8800 Highway 7 Suite 401
St. Louis Park, MN 55426
(952) 697-1300

**Contact:** [http://www.capsh.org](http://www.capsh.org)
msanchez@capsh.org

### Immigrant Law Center of Minnesota (St. Paul Office)

**Areas of Legal Assistance:** Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

**Types of Legal Assistance:** Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

**Location:** 450 N. Syndicate St Suite 200
St. Paul, MN 55104

**Contact:** (651) 641-1011
[http://www.ilcm.org](http://www.ilcm.org)
### International Institute of Minnesota

<table>
<thead>
<tr>
<th>Areas of Legal Assistance:</th>
<th>Adjustment of Status, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Naturalization/Citizenship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of Legal Assistance:</td>
<td>Help completing forms, Filings with USCIS</td>
</tr>
</tbody>
</table>
| Location:                 | 1694 Como Ave  
                              St. Paul, MN 55104 |
| Contact:                  | (651) 647-0191  
                              http://www.iimn.org, info@iimn.org |

### Lutheran Social Service of Minnesota - Refugee Services

<table>
<thead>
<tr>
<th>Areas of Legal Assistance:</th>
<th>Adjustment of Status, Consular Processing, Employment authorization, Family-based petitions, Naturalization/Citizenship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of Legal Assistance:</td>
<td>Help completing forms, Filings with USCIS</td>
</tr>
</tbody>
</table>
| Location:                 | 2400 Park Ave  
                              Minneapolis, MN 55408 |
| Contact:                  | (612) 879-5260  
                              http://www.lssmn.org/ |

### Mid-Minnesota Legal Aid (St. Cloud Office)

<table>
<thead>
<tr>
<th>Areas of Legal Assistance:</th>
<th>Adjustment of Status, Deferred Action for Childhood Arrivals (DACA), Naturalization/Citizenship, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions</th>
</tr>
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<tbody>
<tr>
<td>Types of Legal Assistance:</td>
<td>Help completing forms, Filings with USCIS</td>
</tr>
</tbody>
</table>

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**Multilingual Department**

**Community Resources Guide**
Multilingual Department
Community Resources Guide

Mid-Minnesota Legal Aid (Willmar Office)

Areas of Legal Assistance: Adjustment of Status, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Naturalization/Citizenship, Special Immigrant Juvenile Status, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance: Help completing forms, Filings with USCIS

Location: 415 7th St SW
Willmar, MN 56201

Contact: (320) 235-9600
http://www.mylegalaid.org

Mid-Minnesota Legal Aid - Immigration Law Project

Areas of Legal Assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Location: 830 W. St Germain St Suite 300
PO Box 886
St. Cloud, MN 56302

Contact: (320) 253-0121
http://www.mylegalaid.org/poverty-law/st-cloud-area-legal-services
Location: 430 1st Ave N. Suite 300  
Minneapolis, MN 55401  
(612) 332-1441  
Contact:  
http://www.mylegalaid.org  
MPLSimmigrationintake@mylegalaid.org

**Minnesota Council of Churches - Refugee Services**

Areas of Legal Assistance: Adjustment of Status, Consular Processing, Employment authorization, Family-based petitions, Naturalization/Citizenship  
Types of Legal Assistance: Help completing forms, Filings with USCIS  
Location: 122 Franklin Ave W Suite 100  
Minneapolis, MN 55404  
(612) 874-8605  
Contact:  
http://www.mnchurches.org  
mcc@mnchurches.org

**New American Alliance for Development (NAAD)**

Areas of Legal Assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Employment-based immigrant and non-immigrant petitions, Family-based petitions, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions  
Types of Legal Assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court,
Representation before the Board of Immigration Appeals (BIA)

Location: 1821 University Ave W Suite 328-South
St. Paul, MN 55104

Contact: (651) 645-5828
http://newamericansalliance.org
yendeanderson@yahoo.com

Peace and Hope International - Park Avenue Walk-in Clinic

Areas of Legal Assistance:
Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Employment authorization, Employment-based immigrant and non-immigrant petitions, Family-based petitions, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance:
Help completing forms, Filings with USCIS

Location: 3400 Park Ave S
Park Avenue United Methodist Church
Minneapolis, MN 55404

Contact: (612) 825-6864 Ext. 564
http://www.peaceandhopeinternational.org
### Southern Minnesota Regional Legal Services - Refugee, Immigrant, and Migrant Services (Rochester Office)

<table>
<thead>
<tr>
<th>Areas of Legal Assistance:</th>
<th>Adjustment of Status, Consular Processing, Employment authorization, Family-based petitions, Naturalization/Citizenship, T visas, U visas, Violence Against Women Act (VAWA) petitions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of Legal Assistance:</td>
<td>Help completing forms, Filings with USCIS</td>
</tr>
<tr>
<td>Location:</td>
<td>2500 Valleyhigh Dr NW</td>
</tr>
<tr>
<td></td>
<td>Rochester, MN 55901</td>
</tr>
<tr>
<td></td>
<td>(507) 289-6199</td>
</tr>
<tr>
<td>Contact:</td>
<td><a href="http://www.smrls.org">http://www.smrls.org</a></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:citizenship.rochester@smrls.org">citizenship.rochester@smrls.org</a></td>
</tr>
</tbody>
</table>

### Southern Minnesota Regional Legal Services - Refugee, Immigrant, and Migrant Services (St. Paul Office)

<table>
<thead>
<tr>
<th>Areas of Legal Assistance:</th>
<th>Adjustment of Status, Consular Processing, Family-based petitions, Naturalization/Citizenship, T visas, U visas, Violence Against Women Act (VAWA) petitions</th>
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</thead>
<tbody>
<tr>
<td>Types of Legal Assistance:</td>
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</tr>
<tr>
<td>Location:</td>
<td>450 N Syndicate St Suite 285</td>
</tr>
<tr>
<td></td>
<td>St. Paul, MN 55104</td>
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<tr>
<td>Contact:</td>
<td>(651) 291-2837</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.smrls.org">http://www.smrls.org</a></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:rims@smrls.org">rims@smrls.org</a></td>
</tr>
</tbody>
</table>
The Advocates for Human Rights

Areas of Legal Assistance: Asylum applications, Deferred Action for Childhood Arrivals (DACA), Deferred Action for Parental Accountability (DAPA), Habeas Corpus, Removal hearings, Special Immigrant Juvenile Status, T visas Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Location: 330 2nd Ave S Suite 800 Minneapolis, MN 55401
Contact: (612) 341-3302
http://www.theadvocatesforhumanrights.org
hrights@advrights.org

The Immigrant Law Center of Minnesota (Worthington Office)

Areas of Legal Assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of Legal Assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Location: PO Box 993 Worthington, MN 56187
Contact: (651) 641-1011 ext. 215
http://www.ilcm.org
<table>
<thead>
<tr>
<th><strong>The University of Minnesota - Detainee Rights Clinic</strong></th>
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<tbody>
<tr>
<td><strong>Areas of Legal Assistance:</strong></td>
</tr>
<tr>
<td>Habeas Corpus, Removal hearings</td>
</tr>
<tr>
<td><strong>Types of Legal Assistance:</strong></td>
</tr>
<tr>
<td>Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals</td>
</tr>
<tr>
<td><strong>Location:</strong></td>
</tr>
<tr>
<td>190 Mondale Hall</td>
</tr>
<tr>
<td>229 19th Ave S</td>
</tr>
<tr>
<td>Minneapolis, MN 55455</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
</tr>
<tr>
<td>(612) 301-1156</td>
</tr>
<tr>
<td><a href="mailto:rlichan@umn.edu">rlichan@umn.edu</a></td>
</tr>
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</table>

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<thead>
<tr>
<th><strong>United Cambodian Association of Minnesota</strong></th>
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<tr>
<td>Asylum applications</td>
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<tr>
<td><strong>Types of Legal Assistance:</strong></td>
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<td>Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA)</td>
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<tr>
<td><strong>Location:</strong></td>
</tr>
<tr>
<td>1385 Mendota Heights Rd Suite 500</td>
</tr>
<tr>
<td>Mendota Heights, MN 55120</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
</tr>
<tr>
<td>(651) 222-3299</td>
</tr>
<tr>
<td><a href="http://www.ucamin.org">http://www.ucamin.org</a></td>
</tr>
</tbody>
</table>
University of St. Thomas - Interprofessional Center for Counseling and Legal Services

**Areas of Legal Assistance:** Adjustment of Status, Asylum applications, Employment authorization, Family-based petitions, Removal hearings, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions

**Types of Legal Assistance:** Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

**Location:**
30 S 10th St
Minneapolis, MN 55403

**Contact:**
(651) 962-4960
http://www.stthomas.edu/ipc/
vowiebe@stthomas.edu

Volunteer Lawyers Network

**Areas of Legal Assistance:** Adjustment of Status, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Naturalization/Citizenship, U visas, Violence Against Women Act (VAWA) petitions

**Types of Legal Assistance:** Help completing forms, Filings with USCIS

**Location:**
600 Nicollet Mall Suite 390A
Minneapolis, MN 55402

**Contact:**
(612) 752-6677
http://vlnmn.org